KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY

KUMASI

COLLEGE OF AGRICULTURE AND NATURAL RESOURCES

FACULTY OF AGRICULTURE

DEVELOPMENT OF CARROT BASED DRINK FROM TOKITA AND KURODA VARIETIES OF CARROT

A THESIS SUBMITTED TO THE SCHOOL OF RESEARCH AND GRADUATE STUDIES, KWAME NKRUMAH UNIVERSITY OF SCIENCE .AND TECHNOLOGY, KUMASI, IN PARTIAL FULFILMENT OF THE REQUIREMENTS FOR THE AWARD OF MASTER OF PHILOSOPHY (MPHIL) POST HARVEST TECHNOLOGY DEGREE.

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> > JUNE, 2015

DECLARATION

I hereby declare that this submission is my own work towards the Master of Philosophy and that, to the best of my knowledge, it contains no material previously published by another person nor material which has been accepted for the award of any other degree of the University, except where due acknowledgement has been made in the text.



DEDICATION

This work is dedicated to the Glory of God and to all Carrot Farmers at Bimma in the Mampong Municipality of Ashanti Region, Ghana and its environs for their hard work.



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I thank God almighty for giving me the strength to undertake this work. I say, to him be the glory great things he has done and great things he has taught us. Iam highly indebted to my supervisors Dr. Francis Appiah and Mrs. Patience Kaledzi for the necessary corrections and criticisms they made to enable me to complete this work.

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ABSTRACT

The study was designed to develop an acceptable carrot based drink from Tokita and Kuroda varieties of carrot grown in the Ashanti Mampong Municipal area. Survey and laboratory work was carried out during the study. Standard procedures were used in the study. Analysis of the data collected from respondents revealed that 78% of carrot producers and 70% of carrot sellers were willing to try the new product (i.e. the carrot drink) whilst 80% of the general carrot consuming populace also expressed interest in the carrot drink. Analysis of the Kuroda and Tokita carrot roots revealed that protein and fat were higher in Tokita, i.e. 40.78% and 3.17% respectively than Kuroda which recorded 36.55% and 2.00% respectively. The findings also indicated that Vitamin C was higher in Tokita root than in Kuroda root that is 7.49mg/100g and 6.78mg/100g respectively. In terms of minerals, Potassium and Phosphorus were higher in Kuroda root that is 6.13% and 3.22% respectively than in Tokita which recorded 5.08% and 3.11%, respectively. The final consumer acceptable drinks were subjected to proximate, vitamins and mineral analyses in the laboratory. pH, Titratable Acidity and vitamin C were also monitored under two (2) storage conditions, i.e. room (ambient) temperature at 26°C and refrigeration temperature of 5°C for seven (7) days to determine the shelf life. The acidity of both the kuroda and tokita drinks increased slightly from 5.22 to 4.19 and 5.19 to 4.67 respectively after being stored for seven (7) days in the refrigerator. Meanwhile, under room temperature of 26°C storage, the pH of Kuroda increased from 5.22 to 4.11 and that of Tokita from 5.19 to 4.06. Vitamin C was better preserved under refrigerator storage of drinks of both varieties than under room temperature storage. It is recommended that further studies be carried out on shelf life beyond the seven (7) days to ascertain the keeping quality of the drinks.

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CHAPTER ONE

1.0 INTRODUCTION

Carrot is a dicotyledonous herbaceous crop grown for it's enlarged tap root. It is an important vegetable which is ranked third among the succulent vegetables in the world production. (Yamaguchi, 1983). A cross section of the root reveals two distinct zones, the outer zone where sugar and carotene are mainly stored and a woody inner central core which is not as palatable as the outer zone. (Tindall,1983). The edible roots are nutritious and contain protein, ash, vitamin and mineral. (Norman, 1992). According to Arthey (1975), although, carrots do not possess retinol, its carotene content also known as provitamin A is converted by the body into vitamin A. Analysis of the composition of the root of carrot reveals that it has with many medicinal properties such as being diuretic, antidiarrheal and antianemic. It is also rich in alkaline elements which purify and revitalize the blood. Purseglove (1986) asserted that the seed of carrot contains an essential oil which is used for flavouring and in the perfumery industry.

Carrot was introduced into Ghana by the Europeans around 1930 (Sinnadurai, 1992). Among the varieties of carrot grown in Ghana are Improved Kuroda, Amsterdam Grace, Amsterdam forcing, Tokita, Superior chantenay, Nantes and Cape (Tindall, 1983).

Kuroda is a popular carrot with sweet taste. It is almost cylindrical in shape and rounds off at the end rather than tapering off, as compared to Tokita. Both are orange in colour and have a core and an outer cortex accumulated with sugar.

The root of carrot is mostly used as vegetables and for preparing soup, stew, curries and other dishes. The grated roots are also used in salads whilst the top is used to feed livestock. The juice, extracted from the root can also be consumed as beverage. Carotene which is extracted from the roots is used in colouring margarine and for improving the colour of egg yolk when added to layer feed (Kahangi, 2004). Because carrots have a broad temperature tolerance, its production is feasible throughout the year (Simon and Wolff, 1987). Carrot is one of the exotic vegetables with high value and great demand in urban centers in Ghana, and also, a potential export crop. (MOFA, 2002)

Justification of the study KNUST

One of the major themes of research in the domain of research and development, innovation and product design over the past 50 years has been that of designing organizations to engage in innovative activity (Shane and Ulrich, 2004). Barker (2006) stated that finding ways to improve consumer satisfaction is a major key to boosting sales and profitability. For this reason, many businesses are redefining their traditional practices to generate quality products for their customers.

This proposed study, once completed, will add value to the production of carrot in the Ashanti Mampong Municipality and Ghana as a whole.

It will also create an employment avenue for the natives of the carrot producing areas in the Ashanti Mampong Municipality, leading to the expansion of carrot production in Ghana. Presently, carrot is known to be used in the preparation of stew, soup and salad. The development of the drink will expand the use of the crop, Whiles extending its consumption to boost the hospitality industries in Ghana.

Problem Statement

Mampong Municipality, located within the Savannah and forest transitional zone of Ghana is noted as one of Municipalities with a large population of farmers who carry out carrot production. Most of farmers aim at increasing the quantity of their carrot, without thinking of how to store or process the surplus or excess carrots which are not purchased.

Although, there is a high production of carrot within the Mampong Municipal area, farmers do not obtain the expected income of their efforts because a chunk of the produce which are in excess or are not sold within a stipulated time spoil or are sold at a cheaper price, owing to the fact that there is lack of proper storage facilities and the knowledge of processing as a value addition.

It is important to find alternative uses for the excess carrot by exploring the possibility of developing a carrot based drink.

Therefore, the main objective of this study was to develop a carrot based drink from the two varieties of carrots ('Kuroda' and 'Tokita') which are produced in Bimma in the Mampong Municipal Area of Ashanti Region, to minimize the postharvest losses incurred by the farmers.

The specific objectives were to:

- identify preharvest and postharvest practices carried out on carrots by the stakeholders in the chain.
- determine the chemical properties of the two varieties of carrot
- assess consumer preference of the two varieties of carrot
- develop consumer acceptable carrot drink
- assess the keeping quality of the final drink under different storage conditions over a period of time.

CHAPTER TWO

2.0 LITERATURE REVIEW

2.1 Origin and Distribution of Carrot

Carrot (*Daucus carota* L) is believed to have originated from Afghanistan which remains the centre of diversity. The wild carrot, also known as 'Queen Anne's' lace, was introduced to North America from Europe as a medicinal herb (Banga, 1984). Carrot is a popular root vegetable grown throughout the world. It is also the most important source of dietary carotenoids in the western countries including the United States of America (Torrenen *et al.*, 1996). According to a report issued by FAO (2008), China is the major carrot producing country in the world.

The consumption of carrot and its products are said to have increased steadily due to their recognition as an important source of natural antioxidants, besides the anticancer activities of β -carotene, which is a precursor of vitamin A. (Dreosti 1993).

2.2 Chemical Composition of Carrot

According to Gopalan *et al.* (1991), the moisture content of carrot ranges from 80% to 89%. Other chemical constituents of carrot as reported by Gopalan *et al.*, (1991) are; Carbohydrate 10.6%, protein 0.9%, fat 0.2%, crude fibre 1.2% and ash 1.1%. Holland et al. (1991) also reported that in general, carrot contains 34 mg/100g of Calcium, 0.4 mg/100g of Iron, 25 mg/100g of Phosphorus and 240 mg/100g of Potassium, making carrots a good source of Potassium.

Simon and Lindsay (1983) are of the view that reducing sugars accounted for 6 - 32% of free sugars in four (4) hybrid varieties of carrot. They further stated that the free sugars identified are sucrose, glucose, xylose and fructose.

2.10 Phytonutrients in Carrot

Phytonutrients are plant compounds that are secondary metabolites with health promoting properties. According to Kalt (2005), in vitro studies indicated that phytonutrients such as carotenoids and phenolics have the ability to protect biological systems from the effect of oxidative stress. According to Hager and Howard (2006), due to the appreciable level of different compounds present in carrots, they are considered a functional food with significant health promoting properties.

Nocolle *et al.* (2003) are of the view that the importance of carotenoids as a phytonutrient, goes beyond providing natural pigments but also, serves as a precursor of vitamin A. according to Nagai *et al.*, (2003) phenolics or polyphenols which are important phytonutrients in carrot have received considerable attention because of their ability to combat free radicals which are harmful to the human body and food system.

2.11 Nutritional and Health Benefits of Carrot

Carrot is a major source of vitamin A required for the protection of most tissues of the body. Although, carrot do not possess the actual compound (retinol) their carotene content (also known as provitamin A) is converted by the body into vitamin A (Arthey, 1975). Carotene, which is the famous ingredient in carrots is an anti-oxidant that has powerful healing virtues for many diseases. Drinking a cup of carrot juice over a period of time can boost the immune system and also, help to correct disorders such as acidosis, anaemia, atherosclerosis, asthma, cancer, constipation, and poor eye sight.(http://juicing-for-health.com/basic-nutrition/healing-vegetables/health-benefits -of-carrot.html). Accessed on 14/06/14.

2.12 Food Drinks / Beverages

According to the Eleventh Edition of the Concised Oxford English Dictionary, a drink is any liquid consumed as refreshment or nourishment. The essential components of any food drink are the water that it contains and some other components such as stimulants and flavours (Ihekoronye and Ngoddy, 1985). Food drinks commonly consumed in the tropics can be divided into two; Non-alcoholic and alcoholic drinks. The former can further be divided into non-carbonated (juices, coffee, tea, energy drinks, etc.) and carbonated (soda, coca cola, tonic water, etc.). (The European Commission on Food Safety, 1999).

2.12.1 Carbonated Drink

A carbonated drink is one with Carbon dioxide dissolved in it to improve the taste, texture or both. Example of such drinks includes coca cola, ginger ale, etc.

2.12.2 Non-Carbonated Drink

Non-carbonated drink on the other hand, lacks the presevation against spoilage that is offered by carbonation. Usually, non-carbonated drinks are pasteurised either in bulk or by continuous flash pasteurization prior to filling or in the bottle. Examples are; energy drinks, sports drinks, fruit and vegetable juices, etc.

2.12.2.1 Energy Drink

The consumption of energy drink is very popular among consumers especially adolescents and may have adverse effects on their health. According to O'Dea (2003), in a survey of 78 youth, ranging from 11- 18 years, 42.3% of them were found to consume energy drinks. Concern, however, has been raised about the effects of the

ingredients found in energy drinks on children and adolescents. (Australia New Zealand Food Authority, 2001).

2.12.2.2 Sports drink

The purpose of sports drink is to help athletes rehydrate, as well as replenish carbohydrates and other nutrients which can be depleted after training or competition (Casa, 2000). Sports drink can further be divided into three (3) categories. These are; isotonic sport drinks, hypertonic sports drink and hypotonic sports drink. Isotonic sports drink contains proportions of water and other nutrients similar to the human body and normally composed of six to eight percent sugar. In the hypertonic sports drink, there is a lesser proportion of water and sugar than the human body. Finally, hypotonic sports drink contains a greater proportion of water and a lesser proportion of sugar than the human body (Casa, 2000).

2.12.2.3 Fruit and Vegetable Juice

Preparation of juices involves mechanical squeezing or maceration of fresh fruits or vegetables without the application of heat or solvents (Kalra *et al.*, 1987). Juices are normally consumed for their nutritional and health promoting properties. Example is vitamin C obtained from orange juice. Torregosa *et al.* (2006) reported that the incorporation of a proportion each of two different juices, contributes considerably to the health of the consumer. Therefore, mixture of lemon juice and carrot juice is a rich dietetic source of antioxidants (Torregosa *et al.*, 2006).

2.13 Juice Processing

According to Ihekoronyo and Ngoddy (1985), the major steps of juice processing involves extraction of the juice, clarification, deaeration of the juice, pasteurization, concentration, essence add-back, canning or bottling and freezing (i.e. if the juice is to be marketed). According to Kalra *et al.* (1987), carrots can be processed into beverages, candies, Juices or dehydrated and canned.

2.13.1 Pasteurization KNUST

Pasteurization is defined as the partial sterilization of foods at a temperature that destroys harmful microorganisms without major changes in the chemistry of the food (Microsoft Student Encarta, 2009). Pasteurization is purposely done to make a food product safer to drink or eat and to improve its keeping quality. For small-scale batch pasteurization of some liquid foods, swept heat exchangers or open boiling pans are normally used. Barclay *et al.* (1984). In the case of low viscosity liquids like milk and other fruit juices, plate heat exchangers are employed in their pasteurization. To prevent recontamination, pasteurized foods or drinks are immediately filled in cans or bottles and sealed to make them air tight.

2.13.2 Effect of Heat on Juices

As much as pasteurization has little or no effect on the nutritional and sensory characteristics of most juices, the shelf-life of pasteurized juices are usually of a few days or weeks as compared to those with more severe heat sterilization. According to a report by F.A.O (2008), deaeration prior to pasteurization is very necessary as it prevents colour change in juices due to enzymic browning. Fellows (2000) asserted that a very small amount of volatile aroma compounds are lost during pasteurization

of juices whereas losses of vitamin C and carotene are however minimized by deaeration.

2.14 Product Quality

Quality of a product is its conformity to a given level of excellence which represents a particular standard or specifications with minimum cost to the produce whiles providing satisfaction to the consumer. The following parameters are considered necessary when evaluating the quality of a product: appearance, flavour, physical characteristics (i.e. shape, size, specific gravity and weight), mechanical properties, spectrophotometric properties and chemical properties (such as moisture, sugar, soluble solids, acidity, pH, impurities, rancidity and fibre). (Olympio and Kumah, 2008). These parameters may be measured objectively by physical or chemical procedures, or subjectively through sensory evaluation by one or more human observers (Joselyn and Heids, 1963).

2.15 Ghana Standards for Fruit Juices (GS 724:2003)

This standard describes fruit juice as unfermented or fermentable juice, pulpy and turbid, intended for direct consumption and obtained by a mechanical process from fruits that are sound and ripe or the flesh thereof, and preserved exclusively by physical means. The Ghana standards on fruit juice lays emphasis on hygienic standards expected of fruit juices and demands strict attention on the tolerance of microbial count (Yeast and moulds, and Coliforms).

2.16 Ghana Standards for Vegetable Juices (GS725:2003)

The Ghana standard for vegetable juices also describes vegetable juice as the liquid unfermented or fermentable product or lactic acid fermented product, intended for consumption and obtained from the edible part of one or more sound vegetables, preserved exclusively by physical means. This standard demands that the juice be free from skins, seeds and other coarse parts of the vegetables. It may be clear, turbid or pulpy. Similar to the standards for fruit juices, the vegetable juice standard is also stringent on hygienic and microbial standard.



CHAPTER THREE

3.0 MATERIALS AND METHODS

3.1 Study Area and Scope of the Study

A survey was conducted in Bimma, one of the carrot producing communities in the Mampong municipal area to have a fair view of the pre and post-harvest practices, marketing, consumption patterns and the perception of beverages, fruit and vegetable juice for consumption. Respondents were randomly chosen based on consent, during visits to farms, markets, homes, schools and work places in the selected community.

3.2. Questionnaire Design

Structured questionnaires were designed for data collection. Respondents were in three (3) categories, namely; producers of carrot, sellers of carrot and regular consumers of carrot. Therefore, three (3) separate questionnaires where prepared.

3.2.1 Questionnaire for Carrot Producers

For the producers, some of the parameters considered included their bio-data, such as age, gender, educational background, marital status, yield of carrot per acre, etc. (Appendix A).

3.2.2 Questionnaire for Carrot Sellers

The questionnaire for carrot sellers covered their bio-data, variety of carrot consumed, preference of carrot drink etc. (Appendix B)

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3.2.3 Questionnaire for Carrot Consumers

The questionnaire for carrot consumers included parameters like their bio-data, variety of carrot consumed, perception of drinks, beverage and juice consumption, preference of carrot based drink, etc. (Appendix C).

3.3 Pre-testing of Questionnaire

A preliminary survey was conducted to sample the views of the stakeholders in the carrot production chain. Interviews were conducted to sample the views of respondents. Those who could neither read nor write English were interviewed in the local dialect and information transcribed into English.

3.4 Questionnaire Administration

Fifty (50) questionnaires were administered to each of the three (3) categories of respondents in the selected community within the Municipality. In all, a total of one hundred and fifty (150) respondents were surveyed.

3.5 Source of Carrot for Laboratory Work

Fresh carrot (Kuroda and Tokita varieties) were harvested from a farm in Bimma, Ashanti-Mampong Municipal area. These were packed into sterilized polythene bags and transported to the KNUST Soil Science Laboratory for mineral and proximate analysis. Vitamin analysis was conducted at the Food and Agricultural Division of Ghana Standards Board, Okponglo, Accra, whilst Shelf-life analysis was carried out at the Micro-Biology Department of KNUST, Kumasi.

3.6 Laboratory Analysis of Carrot Roots

Laboratory analysis were performed on samples of the two varieties of carrot before processing, after processing in to a drink and after a period of storage by following the protocol below;

3.6.1 Proximate Analysis

3.6.1.1 Determination of Moisture Content

Moisture content was determined using the dry method (Indirect Distillation Method). In this method, the moisture can or crucibles were initially weighed, followed by weighing 5.0g of the samples. The samples were then allowed to dry over night in an air oven at 105°C for 24 hours and then cooled in a desiccator, together with the crucibles, after which the new weight was taken. The results were recorded in triplicate.

The following calculations were employed to arrive at the final percentage moisture of the two different samples;

(A+B) - A = B

$$(A+B) - (A+C) = B - C = D$$

% Moisture = $D/B \ge 100$

Where A = crucible weight, B = sample weight, C = dry weight, D = moisture weight.

3.6.1.2 Ash Determination

The dry method of ashing in accordance with AOAC (1990), using Gallenkamp Muffle Furnace, England was followed to determine the percentage of ash,.

Ash crucible was removed from the oven, placed in a desiccator to cool and weighed.

2.0g of the samples were placed in a porcelain crucible in triplicate. The samples were then put into the furnace for 4 hours at 550°C. The furnace was allowed to cool below 200°C for 20 minutes, and finally the crucible was placed in a desiccator with stopper top to cool and then weighed.

The following calculations were employed to arrive at the final percentage ash of the samples and results recorded in triplicate.

 $(\mathbf{A} + \mathbf{B}) - \mathbf{A} = \mathbf{B}$

 $(\mathbf{A} + \mathbf{C}) - \mathbf{A} = \mathbf{C}$



% Ash = C/B x 100 Where A = crucible weight, B = sample weight, C = ash weight.

3.6.1.3 Ether Extract (Fat) Determination

The percentage fat in the two varieties of carrot were determined using the following; Whatman No. 2 filter paper, Absorbent cotton wool and Soxhlet apparatus. Procedure:

A piece of paper was folded in such a way to hold the sample, after which a piece of cotton wool was placed at the top to evenly distribute the solvent as it drops on the sample during extraction.

The sample packet was placed in the butt tubes of the Soxhlet extraction apparatus.

Petroleum ether was used to do the extraction with gentle heating for 2 hours without interruption.

The extract was allowed to cool to a temperature of 5°C whilst the extraction flask was dismantled.

The ether was allowed to evaporate on a steam or water bath at a temperature of 90°C until no odour of ether remained.

Dirts or moisture that accumulated outside the flask were carefully removed or wiped and the flask was weighed.

Calculations:

(A+B) - A = B

% ether extract = $B/C \ge 100$

Where A =flask weight, B = either extract weight, C = sample weight.

3.6.1.4 Crude Protein determination

The Macro Kjeldahl procedure which is based on the AOAC (1990) method 984.13 was used. The resultant protein content of the samples was determined in triplicate by analysing the total nitrogen present and converting it to protein with the aid of the conversion factor 6.25. The end result was recorded in percentage (%).

The nitrogen content of the samples was calculated using the following formula.

 $N (gkg^{-1}) = (ml HCl - ml blank) x Normality x 14.01)$

Weight of sample (g) x 10

3.6.2 Determination of pH

The pH of the drinks was determined using the Electrometric method. 50 ml of each drink was added to 25 ml of distilled water. The suspension was stirred vigorously for 20 minutes and allowed to stand for 30 minutes by which time most of the suspended ions would have settled out from the suspension. A pH meter was calibrated with blanks at pH of 4 and 7 respectively. The electrode of the pH meter was then inserted into the partly settled suspension, whiles the pH value on the pH meter was read and the results recorded in triplicates.

3.6.3 Titratable Acidity

Ten (10) millilitres of each drink was mixed with 100 ml distilled water. The mixture in triplicate was then titrated against 0.1M NaOH using 1% phenolphthalein as indicator. Acidity was calculated as acetic acid.

3.6.4 Determination of Vitamin C

This was determined by using the 2, 6-Dichloroindophenol Titrimetric method (AOAC, 2006) and the results, which was in mg/100g of Vitamin C was recorded in triplicate. The ascorbic acid content of the fruit was calculated as follows:

Ascorbic acid $(mg/100g) = (X-B) \times (F/E) \times (V/Y)$

Where:

- F = mg ascorbic acid equivalent to 1.0 ml indophenols standard solution
- X = Average ml for test solution titration

B = Average ml for test blank titration

- E = Volume of sample taken
- V = Total Volume of solution
- Y = Volume of test solution taken

3.6.5 Determination of Provitamin A

The HPLC method as described in Pearson's composition and analysis of foods (1987) was used to determine the presence and quantity of provitamin A in the samples and results recorded in milligram (mg) per 100 grammes (g).

3.7 Juice Extraction

Fresh carrot roots were cleaned to ensure that there were no dirt on them and then sliced (0.5 cm) with a clean knife to ensure easy blending. It was then blanched in hot

water at 90°C for 10 minutes (Luh and Woodroof, 1975). Two hundred grams (200 g) of the sliced carrot were slurred in a commercial laboratory blender (Christison Laboratory Blender, California, USA) at a speed of 18,000 rpm for 2 minutes using different volumes of treated water (boiled at 100°C and cooled) ranging from 100 ml to 800 ml. The final acceptable volume of water, which gave a resultant concentration that was acceptable to consumers for both the Kuroda and Tokita were determined after a sensory evaluation test was performed on the different preliminary formulations. The slurry was then filtered using a sterilized cheese cloth to obtain the juice. The juice was boiled for three (3) minutes, allowed to cool, bottled and pasteurised at 62° C for 30 minutes (Aurand *et al.*, 1987). This experiment was performed on both the Kuroda and Tokita varieties of carrot, resulting in eight (8) different formulations each of the two varieties of carrot drink as shown in Tables 3.1

and 3.2.

Formula Number	Formulation
K001	200ml of Water : 200g of Carrot
K002	300ml of Water : 200g of Carrot
K003	400ml of Water : 200g of Carrot
K004	500ml of Water : 200g of Carrot
K005	600ml of Water : 200g of Carrot
K006	700ml of Water : 200g of Carrot
K007	800ml of Water : 200g of Carrot
K008	900ml of Water : 200g of Carrot

Table 3.1: Formulations of Kuroda Carrot Drink

NB: the Letter 'K' represents Kuroda

Table 3.2:	Formulations	of Tokita	Carrot Drink
------------	--------------	-----------	---------------------

Formula Number	Formulation
T001	200ml of Water : 200g of Carrot
T002	300ml of Water : 200g of Carrot
T003	400ml of Water : 200g of Carrot
T004	500ml of Water : 200g of Carrot
T005	600ml of Water : 200g of Carrot
T006	700ml of Water : 200g of Carrot
T007	800ml of Water : 200g of Carrot
T008	900ml of Water : 200g of Carrot

NB: the Letter 'T' represents Tokita

3.7.1 Preparation of Sugar Syrup

50 g of table sugar was dissolved in 500 mls of distilled water and heated at a temperature of 90°C to speed up dissolution. The syrup was then allowed to cool, after which 20 mls (4%) of the total volume of syrup was added to each of the eight (8) formulations of drink from the two varieties of carrot, and stirred to ensure a uniform mixture.

3.7.2 Extraction of Lemon Juice

Mechanical fruit juice extractor was used to extract lemon juice from lemon fruits purchased at Bimma market, to be used as a natural preservative and flavouring agent. The juice was sieved with a cheese cloth to remove all impurities, after which 4% of the total volume of the juice was added to both drinks and stirred to ensure a uniform mixture.

Flow Chart of the Processing of Carrot Drink

Wash, clean, slice & weigh carrot Blanch (90°C 10 mins) Slurry (using different volumes of water ranging from 200 – 900 millilitres) Filter (with Cheese Cloth) and add 4% each of sugar syrup and lemon juice Pasteurize the acceptable formula (62°C – 30 mins)

Bottle

3.8 Sensory Evaluation

As much as the objective was to develop a consumer acceptable carrot based drink, the practical realities of an agreeable taste and flavour, demanded the inclusion of other ingredients to serve those functions. Therefore, an appropriate sweetener, (4% by volume of sugar syrup solution) and an appropriate flavour cum preservative (4% by volume of lemon juice) were used in all the eight (8) formulation of the two (2) varieties of carrot drink. The formulations were then subjected to panelist assessment. Untrained consumers (n = 56) were randomly recruited from among the staff and students of St. Joseph Seminary Senior High School, Mampong-Ashanti to judge and select an acceptable drink from eight (8) different formulations each of the Kuroda and Tokita varieties of carrot drink. The criteria employed for the selection of the panelist were that (a) they will be available and willing to participate in the panel test, (b) they are regular consumers of carrot and other juices and (c) they are of sound health. A balance incomplete block designed (t=8, k=4, r=7, b=14, λ =3) (Appendix G) described by Cochran and Cox, (1957) was used to assign the eight (8) formulations to the fifty-six (56) panelist such that each panelist evaluated only four (4) products without fatigue. The sensory attributes considered for the evaluation were colour, taste, flavour, aftertaste and overall acceptance. Panelist assessed and assigned scores to the attributes using the 9 – point Hedonic scale, where one (1) represented dislike extremely and 9 represented like extremely (Appendix E). Unsalted crackers and water were provided to panelist for rinsing of their mouth between formulations. Mean values of the responses were analyzed using ANOVA and Correlation analysis.

3.9 Shelf-life Study

Samples of the acceptable Kuroda and Tokita carrot drinks were each stored in a refrigerator and on a shelf (under normal room temperature) respectively for one (1) week at the Micro-Biology Department of The Kwame Nkrumah University of Science and Technology (KNUST), after which they were tested for microbial load, pH, TTA and Vitamin C.

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3.10 Experimental Design and Statistical Analysis

Data from the survey were analyzed for frequencies, percentages and Pearson's Chisquare test of association using SPSS 11.5. The mean values obtained from the proximate, vitamins and mineral analysis of the two varieties of fresh and processed carrots were also separated and compared using the t-test of the student edition of statistix 9.0. A balance Incomplete Block Design (BIBD) was also used (Cochran and Cox, 1957) to assign the eight (8) formulations to four (4) sets of 14 untrained panelists (56 untrained panelist). Data for each sensory attribute was analyzed using ANOVA. Analyses were also carried out to correlate overall acceptance with the other sensory attributes to assess the relationship between them.

Finally, data from shelf-life study was also analysed using the student edition of statistix 9.0.



CHAPTER 4

4.0 RESULTS

4.1 Survey on Preharvest and Postharvest Practices and Consumption pattern of Drink

4.1.1 Bio-data of Respondents

Fifty (50) each of respondents, namely producers, sellers, and consumers of carrot were sampled. Table 4.1 indicates the ages, educational background and gender of the respondents sampled from Bimma in the Ashanti Mampong Municipality where the research was conducted. From the Table, data for producers below 20 years of age was zero (0) and consumers below 20 years of age were 4% and 20% respectively. Age group 31 – 40 years recorded the highest percentage of producers 50% whilst 4%, 6% and 14% of producers, sellers and consumers respectively were above 50 years. The number of males who were into carrot production was four (4) times higher than the females. That was 40 males, representing 80% of the total number of carrot producers and 10 females representing 20% of the total number of producers. In the same way, 48 sellers representing 96% were females whilst 2 sellers representing 4% were males. For the general consumer populace, gender was balanced, such that 50% each of males and females were recorded. The frequency distribution based on educational background of the three (3) categories of respondents showed that only five (5) of them, made up of four (4) producers and one (1) seller had no formal education. There were no consumers without formal education. The rest, totalling one hundred and forty-five (145) had some level of primary, JHS, Secondary and Tertiary education as shown in Table 4.1. The percentage distribution based on family life was skewed. Thirty percent (30%) of producers were single whilst 70% were married. Thirty-two percent (32%) of the sellers were single whilst 68% were married. Also,

sixty percent (60%) of consumers were single whilst (40%) were married as shown in Table 4.1.

BIO-DATA	PRODUCERS		SELLERS		CONSUME	RS
	Freq.	%	Freq.	%	Freq.	%
AGE						
Below 20		0	2 -	4	10	20
21 - 30	18	36	18	36	13	26
31 - 40	25	50	15	30	11	22
41 - 50	5	10	9	18	9	18
50 and above	2	4	6	12	7	14
Total	50	100	50	100	50	100
	N		2			
CENDED	Car		2			
GENDER Male	40	80	2	4	25	50
Female	40	20	2 18	4	25	50
Total	10	100	50	100	23 50	100
Total	50	100	501	100	50	100
	TEI	S B	1#1			
EDUCATIONAL	CH.		25			
BACKGROUND	rae ,	-	BOL			
Diference	T/1.So	1				
Primary / JHS	35	70	-41	82	27	54
SHS / Tech / Voc	10	20	8	16	15	30
Tertiary		2	0	0	8	16
No Formal Education	4	8	1 3	2	0	0
Total	50	100	50	100	50	100
40	SA		S BAD			
Marital Status	WJSAN	EN	5			
Single	15	30	16	32	30	60
Married	35	70	34	68	20	40
Total	100	50	100	50	50	100
		20		20	20	100

Table 4.1: Demography of Respondents

4.1.2 Variety of Carrot Cultivated by Producers in the Study Area

Fifty percent (50%) of farmers responded that they cultivated Kuroda, 32% responded they cultivated Tokita, whilst 13% cultivated both varieties as shown in Figure 1.



4.1.3 Yield of Carrot Harvested per Acre

Ten percent (10%) of the producers (farmers) harvested below 20 bags whilst 60% and 30% respectively, harvested between 21 - 30 bags and 31 bags and beyond as shown in Figure 2.



Figure 2: Bags of Carrot Harvested Per Acre

4.1.4 Treatment Given to Carrots Left Unpurchased

Seventy percent (70%) and 58% of producers and sellers respectively, had no option than to sell their carrot left unpurchased after some period of time at a cheaper price. Thirty percent (30%) and 42% of both producers and sellers respectively, decided to keep their unpurchased carrot in a storage facility for sale in the future as (Table 4.2.)

	WJSA	oducers	Sellers		
Treatment	Frequency Percentage (%)		Frequency	Percentage (%)	
Kept in storage facility	15	30	21	42	
Sold at cheaper price	35	70	29	58	
Total	50	100	50	100	

Table 4.2: Treatment Given to Carrots Left Unpurchased
4.1.5 Consumption of Carrot by Producers and Sellers

Analysis of the data on carrot consumption using Chi-Square test (χ^2) at a probability level of (p \leq 0.05), indicated that, there was a significant difference between producers and sellers and their likeness and dislikeness of carrot (Appendix E). Forty-six (46), representing 92% and forty-eight (48), representing 96% of the total number of carrot producers and sellers respectively, expressed their interest in the consumption of carrot whilst four (4) representing 8% and two (2) representing 4% expressed their dislike for carrot as shown in Table 4.3.

Table 4.3: Consumption of Carrot by the Producers and Sellers of Carrot

	Pr	oducers	Sellers		
Response	Frequency	Percentage (%)	Frequency	Percentage (%)	
Yes	46	92	48	96	
No	4	8	2	4	
Total	50	100	50	100	
		111			

4.1.6 Consumption Pattern of Drink in the Study Area

Responses given by the stakeholders indicated that alcoholic drinks were the least favourite drink consumed. 20%, 14% and 10% consumption of alcoholic drinks were recorded for producers, sellers and the general carrot consuming populace, respectively. Fruit and vegetable juices were the most favourite drink consumed by the stakeholders, followed by carbonated drinks and energy drinks as shown in figure

3.



Figure 3: Consumption Pattern of Drink

4.1.7 Preference of Carrot Drink by the Stakeholders

There were significant differences ($p \le 0.05$) among the producers, sellers and consumers, and their preference of carrot drink as shown in Appendix E. Eighty percent (80%) of regular carrot consumers, 78% and 70% of producers and sellers, respectively, who expressed their interest in carrot consumption were willing to try the new product (carrot drink), whilst 20%, 22% and 30% of consumers, producers and sellers were not ready to consume the new product (carrot drink) as showed in Figure 4.



Figure 4: Preference of Carrot Drink by the Stakeholders

4.2.0 Sensory Analysis

4.2.1 Screening for Acceptable Carrot Drink

Analysis of the sensory data from the screening indicated that there were some significant differences ($p \le 0.05$) within the parameters under consideration (i.e. colour, taste, flavour, aftertaste and overall acceptability) for the eight (8) different formulations of the two (2) varieties of Kuroda and Tokita carrot drinks as shown in Tables 4.3 and 4.4, respectively.

Formula	Colour	Flavour	Taste A	Aftertaste	Overall acceptance
K001	7.50a	7.68a	5.39de	5.86c	3.75d
K002	6.63b	7.07b	5.98c	5.82c	4.50c
K003	6.16bc	6.11c	6.77b	6.48b	5.34b
K004	5.75c	5.77cd	7.73a	7.45a	6.61a
K005	4.86d	5.50d	5.93cd	5.45c	4.86bc
K006	4.05e	4.68e	5.02e	4.13d	3.66d
K007	3.21f	4.11f	4.16f	3.66e	2.82e
K008	2.34g	3.36g	3.50g	3.05f	2.14f
Hsd	0.541	0.425	0.560	0.437	0.520

Table 4.4: Mean score values of eight (8) formulations of Kuroda carrot drink

 Table 4.5: Mean score values of eight (8) formulations of Tokita carrot drink

		Part of the			
Formula	Colour	Flavour	Taste A	Aftertaste	Overall acceptance
T001	7.88a	7.68a	5.52c	5.79cd	3.93de
T002	7.11b	6.84 <mark>b</mark>	6.16b	5.75d	4.43cd
T003	6.5 5c	5.95c	7.48a	7.63a	6.50a
T004	5.70d	5.32d	6.30b	6.66b	5.25b
T005	4.46e	4.61e	5.88bc	6.20c	4.79bc
T006	3.71f	3.64f	4.91d	5.04e	3.79e
T007	2.86g	3.07g	4.09e	4.30f	2.89f
T008	2.43g	2.11h	3.23f	3.50g	2.32g
Hsd	0.478	0.493	0.538	0.428	0.540

4.2.2 Colour

The mean score data for the various formulations showed that in both the Kuroda and Tokita drinks, product numbers K001 and T001 were more highly scored for colour. That is, 7.50 and 7.88 respectively. In the Kuroda drink, there were no significant differences between formulations K002 and K003, and then K003 and K004 as shown in table 4.4. Meanwhile, colour stood independent through out all the formulations in the Tokita drink as shown in Table 4.5.

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4.2.3 Taste

In the Kuroda drink, taste was rated by the panelist from "like very much" to "dislike slightly". That was from 7.73 in formulation K004, down to 3.50 in formulation K008 as shown in Table 4.4. Meanwhile, there were no significant differences between formulation K001 and K002, K001 and K006 and between K002 and K005. The Tokita drink, on the other hand was rated by the panelist from "like very much", that is 7.48 in formulation T003 to "dislike moderately". That was 3.23 in formulation T008 as shown in Table 4.5. Meanwhile, there were no significant differences between T002, T004 and T005, and then T001 and T005.

4.2.4 Flavour

The mean score values in Tables 4.4 and 4.5 indicated that products K001 and T001 were rated as having the best acceptable flavour in both varieties. That is 7.68 for both varieties of drinks. Meanwhile, for the different formulations of Kuroda drink, there were no significant difference between formulas K003 and K004 on one hand and K004 and K005 on the other hand in terms of flavour. The mean scored values for

flavour in the Tokita drinks, also indicated that there were significant differences in all the eight (8) formulations.

4.2.5 Aftertaste

In the Kuroda drink, aftertaste was rated by the panelist from "like very much" to "dislike slightly". That is from 7.45 in formulation K004, down to 3.05 in formulation K008 as shown in Table 4.4. Meanwhile, there were no significant differences between formulas K001 and K002 as shown in Table 4.4. Meanwhile among the Tokita formulation, aftertaste was rated from 7.63 in formula T003 down to 3.50 in formula T008. There were no significant differences between formulations T001 and T002 as shown in Table 4.5.

4.2.6 Overall acceptance

The Kuroda drink, composed of 200g of carrot and 500mls of water and coded as K004 was most accepted by the panel of consumers, with a mean score value of 7.0 approximately, indicating "liked moderately". There were no significant differences between formulas K001 and K006, K003 and K005 and also K002 and K005 as shown in Table 4.4. On the other hand, formula number T003 of the Tokita drink, composed of 200g of carrot and 400mls of water was also the most accepted drink by the consumers with a mean score value of 7.0 approximately, indicating "liked moderately". Analysis of the data indicated that there were no significant differences between formulas T001 and T002 on one hand and T004 and T005 on the other hand as shown in Table 4.5.



Figure 5: Consumer acceptable drinks

4.3 Correlation Analysis

Table 4.5.1: Correlation Analysis of Kuroda Carrot Drink					
Correlation	Correlation Co-efficient (r)				
Colour verses Flavour	+0.990**				
Colour verses Taste	+0.694*				
Colour verses Overall Acceptance	+0.613*				
Flavour verses Overall Acceptance	+0.523*				
Taste verses Overall Acceptance	+0.992**				
Aftertaste verses Overall Acceptance	+0.939**				
* Significant difference ($p \le 0.05$)	** No significant difference ($p \le 0.05$)				

Correlation	Correlation Co-efficient (r)
Colour verses Flavour	+0.992**
Colour verses Taste	+0.763**
Colour verses Overall Acceptance	+0.615*
Flavour verses Overall Acceptance	+0.581*
Taste verses Overall Acceptance	+0.974**
Aftertaste verses Overall Acceptance	JST+0.939**
* Significant difference ($p \le 0.05$)	** No significant difference ($p \le 0.05$)

Table 4.5.2: Correlation Analysis of Tokita Carrot Drink

There was a highly positive correlation (+0.990) between colour and flavour in both varieties of carrot drink, when their mean values were correlated. Also, in carrot drinks of varieties, taste and aftertaste highly correlated positively with overall acceptance i.e. (+0.992) and (+0.939) respectively for Kuroda carrot drink and (+0.974) and (+0.939) respectively for Tokita carrot drink as shown in Tables 4.5.1 and 4.5.2.

4.4 Chemical Analysis of the Root of Kuroda and Tokita Carrot

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4.4.1 Proximate Analysis

Analysis of the mean values of the triplicate results obtained from the proximate analysis of the Kuroda and Tokita varieties of carrot using the student t-test, gave a significant different relationship ($p \le 0.05$) between Protein, Carbohydrate and Ash content of the two varieties of carrot. Kuroda recorded 36.55% of protein whilst Tokita recorded 40.78%. Kuroda recorded 76.20% of carbohydrate whilst Tokita recorded 74.88%. Finally, Kuroda recorded 10.63% of ash whilst Tokita recorded

9.34%. Meanwhile, there were no significant differences between the fat and moisture contents of the two varieties of carrot. Moisture was 12.36% and 11.83% respectively in both Kuroda and Tokita whilst fat recorded 2.00% and 3.17% respectively in both Kuroda and Tokita varieties of carrot as shown in Table 4.6.

	Variety				
Parameter (%)	Kuroda	Tokita	Lsd	Cv	
Moisture Content	12.36	11.83	0.554	1.22	
Protein Content	36.55	40.78	2.502	1.72	
Fat	2.00	3.17	1.535	15.80	
Carbohydrate	76.20	74.88	0.963	0.34	
Ash	10.63	9.34	0.709	1.89	
		-2L			

Table 4.6: Proximate Analysis of the Root of Kuroda and Tokita Carrot.

4.4.2 Vitamin and Mineral Analysis of the Root of Kuroda and Tokita Carrot The mean values obtained from the vitamin and mineral analysis of the unprocessed Kuroda and Tokita varieties of carrot, using student t-test, showed a significant different relationship ($p \le 0.05$) between vitamin A, calcium, phosphorus and potassium as indicated in Table 4.7. Meanwhile, there was no significant difference between the Kuroda and Tokita carrot varieties in terms of their vitamin C content.

	Variety					
Parameter	Kuroda	Tokita	Lsd	Cv		
Vitamin C (mg/100g)	6.78	7.49	1.489	5.55		
Vitamin A (Mg/100g)	12.50	10.84	0.087	0.20		
Calcium (%)	2.11	2.98	0.022	0.23		
Potassium (%)	5.08	6.13	0.022	0.10		
Phosphorus (%)	3.11	^{3.22} C	0.031	0.26		
		COV	1			

 Table 4.7: Vitamin and Mineral Analysis of Kuroda and Tokita Carrot Roots

4.5 Chemical Analysis of Kuroda and Tokita Varieties of Carrot Drink.

4.5.1 **Proximate Analysis**

Statistical analysis of the mean values of the results obtained from the proximate analysis, of the drinks of Kuroda and Tokita varieties of carrot gave a significantly different relationship ($p \le 0.05$) in all the parameters under consideration that is moisture, protein, fat, carbohydrate and ash contents. Kuroda recorded 92.56% of moisture whilst Tokita recorded 94.94%. Kuroda recorded 11.17% of protein whilst Tokita recorded 12.63%. Kuroda recorded 1.00% of fat whilst Tokita recorded 2.02%. Kuroda recorded 60.35% of carbohydrate whilst tokita recorded 54.91%. Finally, Kuroda also recorded 2.11% of ash whilst Tokita recorded 3.01% as shown in Table 4.8.

	Variety					
Parameter (%)	Kuroda	Tokita	Lsd	Cv		
Moisture Content	96.52	94.94	0.949	0.26		
Protein Content	11.17	12.63	0.294	0.66		
Fat	1.00	2.02	0.852	15.01		
Carbohydrate	60.35	54.91 ST	0.774	0.36		
Ash	2.11	3.01	0.414	4.31		
	N.	1 12				

Table 4.8: Proximate Analysis of Kuroda and Tokita Carrot drinks.

4.5.2 Vitamin and Mineral Analysis of Kuroda and Tokita Carrot Drinks

Statistical analysis of the mean values obtained from vitamins A and C indicated a significantly different relationship ($p \le 0.05$) between drinks of the two varieties of carrot. Kuroda recorded 4.21mg/100g and 11.97mg/100g of vitamin C and vitamin A respectively whilst Tokita also recorded 5.52 mg/100g and 10.04 mg/100g of vitamin C and vitamin A respectively as shown in Table 4.8.

Mineral analysis of calcium, potassium and phosphorus also gave a significantly different relationship ($p \le 0.05$) when the mean values were analysed statistically using student t-test. Kuroda recorded 0.22% of calcium whilst Tokita recorded 0.11%. Tokita recorded 4.03% of potassium whilst Kuroda recorded 3.02%.

Kuroda recorded 0.07% of phosphorus whilst Tokita recorded 1.01% as shown in Table 4.9.

	Variety						
Parameter	Kuroda	Tokita	Lsd	Cv			
Vitamin C (mg/100g)	4.21	5.52	0.476	2.60			
Vitamin A (mg/100g)	11.97	10.04	0.217	0.52			
Calcium (%)	0.22	0.11	0.069	11.07			
Potassium (%)	3.02	4.03 ST	0.041	0.31			
Phosphorus (%)	0.07	1.01	0.015	0.76			
NUM							

 Table 4.9: Vitamin and Mineral Analysis of Kuroda and Tokita Carrot Drink

4.6 Shelf-Life Analysis of Kuroda and Tokita Carrot Drinks

The final composite drinks were both pasteurized (62°C for 30 mins), bottled and closely monitored under two (2) different storage conditions; that is, refrigerator (5°C) and room temperature (26°C) to determine the shelf-life for seven (7) days. The following parameters were monitored during the period under consideration; ascorbic acid, Titratable Acidity (TTA), pH, alcohol and microbial content.

4.6.1 Effect of Different Storage Conditions on pH of Kuroda and Tokita Carrot drinks.

Statistical analysis of the mean values obtained from the pH of the two (2) acceptable drinks of Kuroda and Tokita varieties of carrot gave a significant different relationship ($p \le 0.05$) after being stored for seven (7) days in a refrigerator at a temperature of 5°C. That is, 4.17 and 4.67 for Kuroda and Tokita drinks, respectively, meanwhile, Kuroda recorded a pH of 4.11 whilst Tokita recorded 4.06 after being

stored at a room temperature of 26°C for seven (7) days, indicating no significantly different relationship as shown in Tables 4.10 and 4.11.

	Variety					
Parameter	Kuroda	Tokita	Lsd	Cv		
рН	4.17	4.67	0.089	0.54		
TTA	0.26	0.22	0.057	6.45		
Vitamin C	6.33	7.01	0.089	0.36		

 Table 4.10: Effect of Refrigerator Storage on Kuroda and Tokita Carrot Drinks.

 Table 4.11: Effect of Room Temperature Storage on Kuroda and Tokita Carrot Drinks.

	Variety						
Parameter	Kuroda	Tokita	Lsd	Cv			
рН	4.11	4.06	0.078	0.51			
TTA	0.33	0.20	0.078	7.86			
Vitamin C	5.00	6.60	0.969	4.45			
	ma						

4.6.2 Effect of Different Storage Conditions on Titratable Acidity of Kuroda and Tokita Carrot Drinks

There were no significant differences ($p \le 0.05$) between both Kuroda and Tokita carrot drinks, that is 0.26 in Kuroda and 0.22 in Tokita when analysed for Titratable Acidity (TTA) after a storage period of seven (7) days in a refrigerator.

Meanwhile, Kuroda recorded 0.33 and Tokita 0.20 after being stored at a room temperature of 26°C for seven (7) days, indicating a significantly different relationship at $p \le 0.05$ as shown in Tables 4.10 and 4.11.

4.6.3 Effect of Different Storage Conditions on Vitamin C

Statistical analysis of the mean values of vitamin C gave a significant different relationship between the Kuroda and Tokita varieties of carrot drink, after a storage period of seven (7) days under both refrigerator and room temperature storage. Kuroda recorded 6.33mg/100g and 5.00mg/100g for both the refrigerator and ambient storage conditions, respectively, whilst Tokita also recorded 7.01mg/100g and 6.60mg/100g for the same conditions, respectively as shown in Tables 4.10 and 4.11.

4.6.4 Alcohol and Microbial Analysis

Alcohol content after the seventh day was zero (0) for both storage conditions. Microbial growth, in terms of total plate count recorded a value of one (1), total coliforms zero (0), and both *Staphylococus aureus*, and yeast / mould recorded a value of less than 10 (<10) for both storage conditions as shown in Table 4.12.

MICROBIAL ANALYSIS								
T	Total Co	oliforms	Yeast an	d	Staphyl	ococcus	Total Pla	ite
13	(10)-1)	Moulds	(10^{-1})	aureus (10^{-1})		Count	
Storage	35	-			AN AN			
Condition	Car .	R		5 B				
	Kuroda	Tokita	Kuroda	Tokita	Kuroda	Tokita	Kuroda	Tokita
			ANE '					
Refrigerator	0	0	< 10	< 10	< 10	< 10	1	1
Room								
Temperature	0	0	< 10	< 10	< 10	< 10	1	1

 Table 4.12: Microbial Analysis of Kuroda and Tokita Carrot Drink

CHAPTER 5

5.0 DISCUSSION

5.1 Preharvest and Postharvest Practices and Consumption Pattern of Drink

5.1.1 Bio-data of Respondents

Carrot sellers below the age of twenty (20) years were 4% whilst data on carrot producers at that same age was zero (0). This could be due to the fact that at that age, most of them were still in School or did not find carrot production a lucrative venture because of the losses incurred by the sellers when carrots were not purchased on time. Meanwhile, 20% of consumers below 20 years consumed carrot, which may be due to its nutritional and health benefits.

The age range of 31 - 40 years recorded the highest percentage of carrot producers, i.e. 50% whilst 30% of carrot sellers were also within this age group. The assumption is that most of them are responsible family heads and bread winners who need to engage in a self employed venture like carrot production to support their families. Twenty-two percent (22%) of the carrot consuming populace were also within this age group and was an indication that carrot was used in most households. Carrot producers above fifty (50) years were only 4% and this could be due to the fact that at that age, most of them were weak and found the production activities (i.e. weeding, making of bed and general cultural practices) very difficult. Meanwhile, carrot consumers above that same age were 14% and this implies that carrot consumption had no age limit.

80%, of carrot producers were males whilst 20% where females. The low percentage of female in carrot production may be attributed to the fact that the females found carrot production very tedious. Meanwhile, selling of carrot was dominated by females in the community. Barker (2006) reported that urban retail marketing and

petty trading are sectors that have long been dominated by women in West Africa and has been the common way for women to earn income.

There was a gender balance in terms of carrot consumption, as 50% each of both male and females consumed carrot. This depicted that carrot is a very nutritious vegetable which is liked by all, irrespective of gender.

Carrot producers who were Primary/Junior High School (JHS) levers were 70%, Senior High School (SHS) /Technical/Vocational school leavers were 20% whilst only 2% had tertiary education. This hierarchy clearly showed that higher education enables people to be employed in other sectors, neglecting the farming sector. The 4% carrot producers with no formal education had no option than to engage themselves with carrot farming which needed little training and exposure. The trend was the same in the sales of carrot, as 82% of the sellers were JHS leavers, 16% were SHS/Technical/Vocational school leavers, 2% had no formal education and none being a tertiary leaver. The responses from the carrot consuming populace revealed that all of them had some level of formal education. Primary/JHS leavers were 54% followed by SHS/Technical/Vocational school 30% and Tertiary leavers being 16%. This implied that the respondents were enlightened and had knowledge about the nutritional and health benefits of carrot.

Seventy percent (70%) of the producers were married whilst 30% were single. In the same way, 68% of sellers were married whilst 32% were single. The higher percentage of producers and sellers being married could be due to the fact that most of them were bread winners and had dependants to cater for and had to depend on carrot production as a means of generating income.

5.1.2 Variety of Carrot Cultivated by the Producers in the Study Area

Cultivation of Kuroda variety of carrot was dominant in the study area, more than the Tokita variety, as 50% and 32% of both kuroda and tokita cultivations were recorded. This may be due to the fact that Kuroda was more nutritious, as can be seen from the analysis in Tables 4.3 and 4.4 and for that matter, consumers demanded more of it. 13% of the producers decided to balance the supply by going into the production of both varieties.

KNUST Per Acre

5.1.3 Yield of Carrot Per Acre

Ten percent (10%) of carrot producers harvested below 20 bags of carrot whilst 60% and 30% respectively, harvested between 21 - 30 bags, and 31 bags and beyond. The low yield per acre may be due to disease and pest infestation, as well as poor harvesting practices which might have caused damage to most of the roots.

5.1.4 Treatments given to Unpurchased Carrot

Seventy percent (70%) and 58% of producers and sellers respectively, sold their carrots which were not purchased within a stipulated time and at a prevailing market price at a cheaper price because they had no means of storing the unpurchased carrots for future sale, or can not afford to purchase and use refrigerators and other storage facilities. On the other hand, 30% and 42% of both the producers and sellers respectively, found the use of refrigerators a convenient means of storing their unpurchased carrots.

5.1.5 Consumption of Carrot by Producers and Sellers

There was a significant difference in the consumption of carrot by producers and sellers in the study area, as 92% and 96% of producers and sellers respectively, expressed their interest in carrot and for that matter, its consumption, whilst 8% and 4% of producers and sellers of carrot, expressed their dislike for it. The high percentage of producers and sellers who expressed their interest in carrot consumption may have realized its nutritional and health benefits. Those who are into its production and sales, but dislike to consume it might have some medical reasons to support their actions or might be allergic to its consumption.

5.1.6 Consumption Pattern of Drinks in the Study Area

Responses from the stakeholders indicated that alcoholic drinks were the least favourite drink consumed, as 20%, 14% and 10% were recorded for producers, sellers and the general carrot consuming populace respectively. Fruit and vegetable juices, which recorded 36%, 42% and 34% for producers, sellers and the general consumer populace, were the favourite drinks consumed by the stakeholders, followed by carbonated drinks and energy drinks. This showed that drinking of fruit and vegetable juices was a popular practice among the natives of Bimma in the Ashanti Mampong Municipality.

5.1.7 Preference of Carrot Drink by the Stakeholders

There was no significant difference between the consumers, sellers and producers who expressed their interest in the proposed carrot drink and those who showed their dislike for. This implied that majority of the stakeholders thus; sellers, consumers and producers of carrot were willing to consume the new product (the carrot based drink). Those who expressed their dislike for the carrot drink may have reasons assigned to their actions. Some may probably be contemplating on the form in which the drink would take and others may also be thinking whether it would be possible to develop drink from carrot.

5.2.0 Sensory Analysis

5.2.1 Colour

Colour is a sensation that forms part of the sense of vision for judging the appearance of food (Jellinek, 1985). Product numbers K001 and T001 for drinks of both varieties of carrot scored highest. i.e. 200 mls : 200 g of carrot. This may be attributed to the fact that the volume of water used to blend the carrot was less as compared to the amount of carrot and for that matter; consumers were attracted to the deep orange pigment, posed by the carotene in the carrot (Nocolle et al., 2003). The different volumes of water, i.e. 300ml, 400ml and 500ml in formulas K002, K003 and K004 respectively of the Kuroda drink, had little impact on colour change to the extent that the panelist were unable to assess the differences. Therefore from Tables 4.4 and 4.5, increased volume of water affected the perception of the panelist choice with regards to colour. The mean values of colour in both varieties, correlated positively with no significant difference between flavour in both types of carrot drinks, i.e. (r) = +0.990 $(P \le 0.05)$ and +0.992 $(P \le 0.05)$ for Kuroda and Tokita drinks respectively. This implied that a unit change in colour will result in a non significant increase in flavour. Meanwhile, there was a significant positive correlation (r) = +0.613 (P ≤ 0.05) and +0.615 (P \leq 0.05) between colour and overall acceptance of both the Kuroda and Tokita drinks, respectively. This indicated a significant increase in the acceptance of a particular formulation of drink, upon a unit change in colour. This affirms the assertion of Neilsen (1998) that the first impression of the quality and acceptability of a particular food is judged upon its appearance.

5.2.2 Taste

Products K004, T004 and K003, T003 scored the highest mean value for taste whilst product numbers K008 and T008 scored the least mean value for taste in both types of drinks. This may be due to the fact that the carrot to water ratio of products K003, K004, T003 and T004, made up of 200 g of carrot : 500 ml of water and 200g of carrot : 400ml of water in both the Kuroda and Tokita drinks respectively was perfect and stimulated the taste buds on the tongue and throats of the panelist leading to their highest mean scores. On the other hand, product numbers K008 and T008 for both types of Kuroda and Tokita carrot drinks, comprising 200 g of carrot : 900 ml of water was not able to stimulate the panelist in terms of sweetness. There was a non significant positive correlation (r) = ± 0.992 (P ≤ 0.05) and (r) = ± 0.974 (P ≤ 0.05) between the mean values of taste and overall acceptance for both the Kuroda and Tokita carrot drinks, indicating a non significant increase in the overall acceptance of a drink when there was a unit change in taste.

5.2.3 Flavour

According to Jellinek (1985), flavour included taste and aroma perceived through tasting. In both types of drink, products K001 and T001 scored the highest mean values whilst products K008 and T008 scored the least mean values. Flavour in both drinks decreased with an increase in the volume of water. The mean values of flavour were used to correlate with the mean values of colour and overall acceptance for both types of carrot drink. The result indicated a non significant positive correlation (r) =

+0.990 (P \leq 0.05) and (r) = +0.992 (P \leq 0.05) between flavour and colour on one hand and flavour and overall acceptance on the other hand within the Kuroda drink. The relationship between flavour and colour, within the Tokita drink gave a non significant positive correlation (r) = +0.992 (P \leq 0.05) whilst there was a significant positive correlation (r) = +0.581 (P \leq 0.05) between flavour and overall acceptance of the two varieties of carrot drink. The implications here were that, a unit change in flavour resulted in a non significant increase in the perception of colour by the panelist for both Kuroda and Tokita drinks, whilst there was a significant increase in overall acceptance of the two types of carrot drinks, owning to a unit change in flavour.

5.2.4 Aftertaste

Aftertaste is the dawdling of the sense of taste of a product on the taste bud. There were no significant differences in products K001, K002 and K005 in the Kuroda drink and products T001 and T002 in the Tokita drinks respectively. This may be due to the fact that the different volumes of water for those formulations of Kuroda and Tokita carrot drinks made no impact on the taste buds of the panelists. Meanwhile, product numbers K004, T004 and K003, T003 scored the highest mean which may be attributed to a good carrot to water ratio that lingered the sense of taste of the panelist. The mean values of aftertaste were used to correlate with the mean values of overall acceptance for both types of carrot drink. The result depicted a non significant positive correlation (r) = +0.939 (P ≤ 0.05), indicating that a unit change in aftertaste, resulted in a non significant increase in overall acceptance of the products by the panelist.

5.2.5 Overall Acceptance

The product with a formulation of 200g of carrot : 500 ml of water among the Kuroda drinks, that is K004 and 200 g of carrot : 400 ml of water among the Tokita drinks, that is T003 were most accepted by the consumers. Meanwhile, there was a highly significant different relationship between overall acceptance and colour on one hand and overall acceptance and flavour on the other hand when their mean values were correlated (r) =+0.613 (P \leq 0.05) and +0.523 (P \leq 0.05) respectively for the Kuroda drink and (r) =+0.615 (P \leq 0.05) and +0.581 (P \leq 0.05) for the Tokita drink formulations. This implied that a unit change in colour and flavour resulted in a significant increase in the product's acceptability by the consumers.

5.3 Proximate Analysis

5.3.1 Moisture Content

The total amount of water extracted from the fresh (unprocessed) carrot root was 12.36% for Kuroda and 11.83% for Tokita (Table: 4.6). This implied that Kuroda carrot root had more water than Tokita. The use of water in slurring the carrots increased the water content to 96.52% in Kuroda drink and 94.94% in the Tokita drink (Table: 4.8). The amount of water extracted from Kuroda was higher in both the fresh and processed (drink) froms.

5.3.2 Protein Content

The amount of protein extracted from the fresh Kuroda and Tokita carrot roots were 36.55% and 40.78% respectively, as compared to the amount in their final compositional drink form which was 11.17% and 12.63% for both Kuroda and Tokita respectively. This reduction after processing into drink may be attributed to the fact

that some proteins are insoluble in water and therefore could not be extracted in the aqueous medium. Aurand and Wood (1987) reported that the colloidal dimensional structure of proteins makes it uneasy to pass through semi permeable membranes.

5.3.3 Fat Content

The percentage of fat extracted from the fresh Kuroda and Tokita carrot roots were 2.00% and 3.17% respectively, indicating that Tokita has a higher amount of fat than Kuroda. The significant different relationship between the Kuroda and the Tokita carrot drinks may be attributed to the fact that, fat is soluble in organic solvents like petroleum ether and therefore since water was used in the extraction process, only 1.00% and 2.02% of it was extracted from the fresh carrot roots as recorded in the final compositional Kuroda and Tokita drinks respectively.

5.3.4 Carbohydrate Content

Carbohydrate content of the two (2) varieties of carrot in their fresh or unprocessed state was 76.20% and 74.88% for Kuroda and Tokita, respectively, indicating a higher amount of carbohydrate in Kuroda than Tokita. However, the following results on carbohydrate content were obtained from the final consumer acceptable drinks. Kuroda 60.35% and tokita 54.91%. The reduction in carbohydrate content after processing into drink in both the Kuroda and Tokita carrot drinks may be attributed to the squeezing of the liquid part of the carrot root from the fibre which left behind some insoluble carbohydrate (Wardlaw and Insel, 1996). Also, it may be due to the wet heat treatment given to the carrots, such as blanching and boiling, which took off some considerable amount of low molecular weight carbohydrate. (Kalt, 2005).

5.3.5 Ash Content

Kuroda carrot roots recorded 10.63% of ash whilst Tokita recorded 9.34% of ash. After processing the carrots into drink, the ash content reduced to 2.11% and 3.01% in both Kuroda and Tokita respectively. This may be attributed to the heat treatment given to the raw carrots during processing in to drink. (Kalt, 2005).

5.4 Vitamin Analysis

Wardlaw and Insel (1996) stated that adequate amount of fat-soluble vitamins such as vitamin A depended on efficient fat absorption. Kalt (2005) also reported that the effect of heat processing or cooking on the bioavailability of beta-carotene, which is converted in the body as vitamin A is very minimal. This might be the reason why provitamin A did not change much after processing in both varieties.

Though, it was hypothesised that the addition of lemon juice, which is rich in ascorbic acid would have an impact on the vitamin C content of the final drink, Wardlaw and Insel (1996), reported otherwise that water soluble vitamins like vitamin C are easily destroyed by heat, light and exposure to air and cooking. This implies that the extraction medium (i.e. water) for vitamin C strongly reflected in the values recorded. A total of 6.78mg/100g and 4.21mg/100g were recorded in Kuroda for both the fresh and processed forms, respectively, whilst 7.49mg/100g and 5.52mg/100g were recorded in Tokita for both the fresh and processed forms, respectively (Tables: 4.7 and 4.9)

5.5 Mineral Analysis

Analysis for calcium, potassium and phosphorus revealed that there was a general reduction after extraction from the fresh carrot in both varieties of carrot (Tables: 4.7 and 4.9). However, literature made it clear that a good amount of Potassium can be found in carrots of different cultivars (Campden and Chorleywood, 1998). This indicated why potassium recorded 5.08% and 6.13% in both fresh Kuroda and Tokita roots, respectively and 3.02% and 4.03% in both Kuroda and Tokita carrot drinks, respectively.

5.6 Shelf-Life Analysis

5.6.1 Effect of Different Storage Conditions on pH and Titratable Acidity

The hydrogen ion concentration of the two drinks stored under ambient temperature was slightly higher than that stored in the refrigerator, even though there was no significant difference between the two drinks when stored under ambient temperature. This could be due to heat induced degradation of some components like protein that might have affected the pH. Such a reaction could not have been caused by microbial activities because there was no microbial growth.

Titratable Acidity (TTA) at the end of storage in a refrigerator was slightly lower than that stored under ambient temperature for both types of carrot drinks. Both Kuroda and Tokita carrot drinks stored at ambient temperature recorded a higher TTA, with a corresponding higher pH. This is a very difficult trend to explain, but the implication could be the buffering effect of the proteins in the drinks.

5.6.2 Effect of Different Storage Conditions on Vitamin C

The rate of vitamin C degradation was lower when the drinks were stored in the refrigerator than at room temperature. The degradation under ambient temperature could be attributed to the heat to which the drinks were exposed. Wardlaw and Insel (1996) reported that water soluble vitamins like vitamin C are easily destroyed by heat, exposure to light, air and cooking.

5.6.3 Alcohol content

There were no detectable amounts of alcohol in the drinks under any of the storage conditions for the entire shelf life period of seven (7) days. Indeed, the microbial analysis confirmed that there were no growths under any of the storage conditions.

5.6.4 Microbial Analysis

The result for total coliforms, *Staphylococcus aureus*, yeast / mould and total plate count (Table 4.12) indicated that there were few *Staphylococcus aureus* and yeast / mould (<10), no total coliforms, with a total plate count of one (1) in both varieties of drink under the two storage conditions for the seven (7) day storage period. The suppression of microbial growth could be attributed to the significant increase in the ascorbic acid content after the seven day storage period.

CHAPTER 6

6.0 CONCLUSIONS AND RECOMMENDATIONS

6.1 Conclusion

Findings from the survey indicated that carrot is a popular vegetable consumed by the people of Ashanti Mampong Municipality. Both Kuroda and Tokita varieties of carrot were cultivated by farmers, but 50% of the farmers cultivated more of the Kuroda than Tokita which recorded 32%. Eighteen percent (18%) of the farmers cultivated both varieties of carrot on their farms. It was also found that 70% of carrot farmers and 58% of carrot sellers, sold their carrots at cheaper prices because of inadequate storage facilities and for that matter, were willing to adopt the idea of processing carrot into drink.

Chemical analysis of the two varieties of carrot root and drink indicated that Tokita contains more protein and fat in the root and drink form whilst Kuroda contains more carbohydrate in both the root and drink form. The findings also indicated that the amount of vitamin C in Tokita was higher in both the root and drink form than that of Kuroda, whilst Kuroda recorded a higher amount of vitamin A than Tokita in both the root and drink form. In terms of minerals, Tokita was found to contain more potassium and phosphorus in both the root and drink form than Kuroda.

Consumers in their choice of carrot drink, considered the Kuroda drink formulated with 200 g of carrot, 500 ml of water and 4% each of sugar syrup and lemon juice than that of Tokita formulated with 200g of carrot, 400ml of water and 4% each of sugar syrup and lemon juice.

The keeping quality of both types of carrot drinks at an ambient temperature of 26° C and a refrigeration of 5° C for seven (7) days performed better. However, almost all

the quality attributes of the two types of carrot based drink under study were preserved after storage in the refrigerator than those stored under ambient temperature. The rate of vitamin C degradation was also slower in the refrigerator than that under ambient temperature.

6.2 Recommendations

Further studies should be carried out on the medicinal properties of both types of carrot drinks.

More work on shelf life study beyond the seven days should be carried **out to** ascertain the keeping quality of both Kuroda and Tokita carrot drinks.

Studies on packaging effect on storability should be carried out to determine the type of packaging that can best prevent interaction between the environment and the product.

Other formulations using different amount of carrot and water should be carried out to improve upon the developed drinks.

Finally, further studies should be carried out on the development of carrot drink from other varieties of carrot.

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APPENDICES

A. QUESTIONNAIRE FOR CARROT PRODUCERS

Please tick (/) or write short answers where appropriate 1. Name (optional) 2. Residence 3. Age 4. Sex [] Female [] Male 5. Educational background [] SHS / Vocational / Technical / [] Primary / JHS [] Degree [] No formal Education Other (please specify) 6. Marital status [] Married [] Single 7. Variety of Carrot Cultivated [] Papa (Tokita) [] Social (Kuroda) [] Both varieties 8. Are you able to meet the demands of your consumers? [] yes [] no 9. How do you handle excess or unpurchased carrots? [] kept in a storage facility [] Sold at a cheaper price 10. Do you consume some of the carrot yourself? [] yes [] no 11. If yes, which of the varieties do you consume [] Kuroda [] Tokita 12. Do you consume beverage or food drink? [] yes []no 13. If yes, indicate the form of drink or beverage

Product	Yes $(Y) / No(N)$
Alcoholic drink	
Carbonated drinks	
Energy drinks	
Fruit and Vegetable drinks	

14. Will you prefer a carrot drink? [] yes [] no

B. QUESIONNAIRE FOR CARROT SELLERS

Please tick (/) or write short answers where appropriate 1. Name (optional) 2. Residence 3. Age 4. Sex [] Male [] Female 5. Educational background [] SHS / Vocational / Technical / [] Primary / JHS [] Degree [] No formal Education Other (please specify) 6. Marital status [] Single [] Married 7. Where do you get your carrots to sell? [] own farm [] carrot farmers [] others (please specify) 7. Which of the varieties of carrot do you sell? [] Social (Kuroda) [] Papa (Tokita) [] both varieties 9. Are you able to meet the demand of your consumers?] yes [] no 10. How do you handle or manage your unsold carrots? [] kept in a storage facility [] Sold at a cheaper price [] left to rot 11. What value do you add to your carrot before selling? 12. Any problem / constraints in their sales? [] the pricing [] not getting enough to sell [] having excess unsold any other (specify) 13. Do you consume some of the carrot yourself? [] yes [] no 14. If yes, which of the varieties do you prefer? []kuroda []Tokita []both 15. Do you consume beverage or food drink? [] yes [] no

16. If yes, indicate the form of drink or beverage

Product	Yes (Y) / No (N)
Alcoholic drink	
Carbonated drinks	
Energy drinks	
Fruit and Vegetable	
drinks	

17. Will you prefer a carrot drink? [] yes [] no


C. QUESTIONNAIRE FOR CARROT CONSUMERS

Please tick (/) or write short answers where appropriate

1.	Name (optional)
2.	Residence
3.	Age
4.	Sex
[]	Male [] Female
5.	Educational background KNUST
	[] Primary / JHS [] SHS / Vocational / Technical /
	[] Degree [] No formal Education Other (please specify)
6.	Marital status
	[] Single [] Married
8.	Which of the varieties of carrot do you prefer to consume?
	[] Tokita (Papa) [] Kuroda (Social) [] both varieties
8.	Why do you prefer to consume your choice of carrot?
9.	Do you have any problem with storage? [] yes [] no
10.	Do you consume beverage or food drink? [] yes [] no
11.	If yes, indicate the form of drink or beverage
	Product Yes (Y) / No (N)
	Alcoholic drink
	Carbonated drinks
	Energy drinks
	Fruit and Vegetable
	drinks

12. Will you prefer a carrot drink? [] yes [] no

D. CHI-SQUARE ANALYSIS

Parameter	Chi-Square Value
Consumption of Carrot by producers and	
sellers (of carrot) only	0.177
Preference of carrot drink by the	
stakeholders (producers, sellers and	2.246
consumers of carrot)	



E. SENSORY EVALUATION FORM

KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY

DEPARTMENT OF HORTICULTURE

NAME:

PRODUCT BEING TESTED: Carrot Drink

INSTRUCTIONS:

Please, you are provided with different formulated Carrot drinks. You are requested to make independent and fair judgement on the following sensory attributes given below for each coded product. Using the 9-point Hedonic scale with numbers 1, 2, 3......9 (as shown below); please indicate your preference by matching each attribute with an appropriate score number.

A NINE POINT HEDONIC SCALE

1 - Dislike extremely4- Dislike slightly7 - Like moderately2 - Dislike very much5 - Neither like nor dislike8 - Like very much3 - Dislike moderately6 - Like slightly9 - Like extremely

CODE COLOUR TASTE FLAVOUR AFTER TASTE



NB: OA= OVERALL ACCEPTANCE

Any other comment(s)

Thank you for your cooperation

F. PROTOCOL FOR SENSORY EVALUATION OF EIGHT (8) FORMULATIONS OF CARROT DRINK USING BALANCE INCOMPLETE BLOCK DESIGN



PANELIST



Where t = number of formulations; b = number of panelist for each setn = total number of panelist (4 sets); r = testing frequency of a formulation in each setk = number of formulations tested by each panelist

 λ = maximum number of panelist testing the same formulation

G. Analysis of Variance (ANOVA) of Kuroda and Tokita Varieties of Carrot Root using Student Edition of Statistix 9.0

Mineral Analysis:

Calcium
Source DF SS MS F P
Varities I 1.13535 1.13535 34060.5 0.0000
Error 4 0.00013 0.00003
Total 5 1.13548
Grand Mean 2.5417 CV 0.23
Observations per Mean 3
Standard Error of a Mean 3.333E-03
Std Error (Diff of 2 Means) 4.714E-03
N. J. W
Phosphorus
Source DF SS MS F P
Varities 1 0.01927 0.01927 289 0.0001
Error 4 0.00027 0.00007
Total 5 0.01953
Grand Mean 3.1633 CV 0.26
Observations per Mean 3
Standard Error of a Mean 4.714E-03
Std Erro <mark>r (D</mark> iff of 2 Means) 6.667E-03
THUS TO SHOW TO AND HE SHOW TO AND A
Potassium W3 SANE NO
Source DF SS MS F P
Varities 1 1.67482 1.67482 50245 0.0000
Error 4 0.00013 0.00003
Total 5 1.67495
Grand Mean 5.6050 CV 0.10
Observations per Mean 3 Standard Error of a Mean 3.333E-03 Std Error (Diff of 2 Means) 4 714E-03

Vitamin Analysis:

Vitamin A	Vitamin A						
v ituinin 13							
Source	DF	SS	MS	F	P		
Varities	1	4.16667	4.16667	7813	0.0000		
Error	4	0.00213	0.00053				
Total	5	4.16880					
Grand Mea	an 11.6	570 CV 0.	.20				
Observati	ons pe	er Mean	3				
Standard	Error	of a Mean	0.0133	T			
Std Error	c (Diff	f of 2 Means	s) 0. 0189				
	KINOSI						
Vitamin C							
Source	ਜਹ	SS	MS	ਸ	P		
Varities	1	0.77042	0.77042	4.90	0.0912		
Error	4	0.62833	0.15708				
Total	5	1.39875					
					1		
Grand Mean 7.1350 CV 5.55							
Observations per Mean 3							
Standard	Error	of a Mean	0.2288	2			
Std Error	c (Diff	of 2 Means	(0.3236)				

Proximate Analysis:

-	Z			13		
Ash	THE A	1				
Source	DF	SS	MS	F	P	
Varities	1	2.49615	2.49615	70.1	0.0011	
Error	4	0.14240	0.03560			
Total	5	2.63855				
Grand Mean 9.9850 CV 1.89						
Observati	ons pe	r Mean	3			
Standard Error of a Mean 0.1089						
Std Error	(Diff	of 2 Means)) 0.1541			

Carbohydrate DF Source SS MS F Ρ 39.6 0.0033 Varities 1 2.60042 2.60042 0.26267 0.06567 Error 4 5 2.86308 Total Grand Mean 75.542 CV 0.34 Observations per Mean 3 Standard Error of a Mean 0.1479 Std Error (Diff of 2 Means) 0.2092 Fat Source DF Ρ SS F 2.04167 2.04167 12.2 0.0249 Varities 1 4 0.66667 0.16667 Error 2.70833 Total 5 Grand Mean 2.5833 CV 15.80 Observations per Mean Standard Error of a Mean 0.2357 Std Error (Diff of 2 Means) 0.3333 Moisture SS MS Source DF F Ρ 18.9 0.0121 Varities 1 0.41082 0.41082 0.08673 0.02168 4 Error 5 0.49755 Total Grand Mean 12.095 CV 1.22 Observations per Mean Standard Error of a Mean 0.0850 Std Error (Diff of 2 Means) 0.1202 Protein F MS Source -Varieties 1 26.9240 4 1.7713 Source DF SS Ρ 60.8 0.0015 26.9240 26.9240 0.4428 Total 5 28.6953 Grand Mean 38.665 CV 1.72 Observations per Mean 3

Standard Error of a Mean 0.3842 Std Error (Diff of 2 Means) 0.5433 H. Analysis of Variance (ANOVA) of Kuroda and Tokita Varieties of Carrot Drink using Student Edition of Statistix 9.0

Mineral Analysis:



Vitamin Analysis:

Vitamin A					
Source Varities Error Total	DF 1 4 5	SS 5.60667 0.01333 5.62000	MS 5.60667 0.00333	F 1682.00	P 0.0000
Grand Mea	n 11.0	000 CV 0.	52		
Observation Standard I Std Error	ons pe Error (Dif:	er Mean of a Mean f of 2 Means	3 0.0333) 0.0471	T	
Vitamin C			2		
Source Varities Error Total	DF 1 4 5	SS 2.60042 0.06413 2.66455	MS 2.60042 0.01603	F 162.19	P 0.0002
Grand Mea	n 4.8	650 CV 2.	60	SF	-
Observation Standard I Std Error	ons po Error (Dif:	er Mean of a Mean f of 2 Means	3 0.0731) 0.1034	R	
Proximate A	nalysis:			2	7
Ash	NHSP	A	2	CHOW T	/
Source Varities Error Total	DF 1 4 5	ss 1.21500 0.04853 1.26353	MS 1.21500 0.01213	F 100.14	P 0.0006
Grand Mea	n 2.5	567 CV 4.	31		
Observation Standard I Std Error	ons pe Error (Dif:	er Mean of a Mean f of 2 Means	3 0.0636) 0.0899		

Carbohydrate F Source DF SS MS Ρ 44.2817 44.2817 1046.02 0.0000 Varities 1 Error 4 0.0423 0.1693 Total 5 44.4510 Grand Mean 57.630 CV 0.36 Observations per Mean 3 Standard Error of a Mean 0.1188 Std Error (Diff of 2 Means) 0.1680



Moisture		STIL	Z			
Source	DF	SS	MS	F	P	
Varities	1	3.76042	3.76042	59.06	0.0015	
Error	- 4	0.25467	0.06367	3		
Total	-5	4.01508		13		
Grand Mea	an 95.7	32 CV 0.2	26	BADY		
		WJSAN	JE NO	2		
Observat:	ions pe	r Mean	3			
Standard	Error	of a Mean	0.1457			
Std Erro	r (Diff	of 2 Means)	0.2060			

Source DF SS MS F P Varities 1 3.19740 3.19740 524.16 0.0000 Error 4 0.02440 0.00610 0.00610 0.0000 Fotal 5 3.22180 0.0066 0.008 0.0451 Standard Error of a Mean 0.0451 3.0000 0.0638 0.0638				
Source DF SS MS F P Varities 1 3.19740 3.19740 524.16 0.0000 Error 4 0.02440 0.00610 0.00610 0.010 Fotal 5 3.22180 0.00610 0.0000 0.00610 Grand Mean 11.900 CV 0.66 0.0000 0.00610 Observations per Mean 3 3 3 3 3 Standard Error of a Mean 0.0451 0.0638 0.0638 0.0638				
Varities 1 3.19740 3.19740 524.16 0.0000 Error 4 0.02440 0.00610 Fotal 5 3.22180 Grand Mean 11.900 CV 0.66 Dbservations per Mean 3 Standard Error of a Mean 0.0451 Std Error (Diff of 2 Means) 0.0638				
Error40.024400.00610Iotal53.22180Grand Mean 11.900CV 0.66Observations per Mean3Standard Error of a Mean0.0451Std Error (Diff of 2 Means)0.0638				
Grand Mean 11.900 CV 0.66 Observations per Mean 3 Standard Error of a Mean 0.0451 Std Error (Diff of 2 Means) 0.0638				
Grand Mean 11.900 CV 0.66 Observations per Mean 3 Standard Error of a Mean 0.0451 Std Error (Diff of 2 Means) 0.0638				
Observations per Mean 3 Standard Error of a Mean 0.0451 Std Error (Diff of 2 Means) 0.0638				
Standard Error of a Mean 0.0451 Std Error (Diff of 2 Means) 0.0638				
Std Error (Diff of 2 Means) 0.0638				
Shelf life Analysis: NUST				
Room / Ambient Temperature				
A				
ГТА				
Source DF SS MS F P				
Jarities 1 0.02282 0.02282 52.65 0.0019				
2 rror 4 0.001/3 0.00043				
Fotal 5 0.02455				
Frand Moan 0 2650 CV 7 86				
Observations per Mean 3				
Standard Error of a Mean 0.0120				
Std Error (Diff of 2 Means) 0.0170				
/itamin C				
STO ST				
Source DF SS MS F P				
Varities I 3.84000 3.84000 57.70 0.0016				
Srror 4 0.26620 0.06655				
rotal 5 4.10620				
Grand Mean 5.8000 CV 4.45				
Observations per Mean 3				
Standard Error of a Mean 0.1489				
Std Error (Diff of 2 Means) 0.2106				

РН				
Source DF SS MS F P				
Varities 1 0.00375 0.00375 8.65 0.0423				
Error 4 0.00173 0.00043				
Total 5 0.00548				
Grand Mean 4.0817 CV 0.51				
Observations nor Mean 3				
Standard Error of a Moan 0 0120				
Standard Error (Diff of 2 Moone) 0.0170				
Sta Error (Diri or 2 Means) 0.0170				
Shelf life Analysis KNUST				
Refrigeration Temperature				
TTA				
Source DF SS MS F P				
Varieties 1 0.00240 0.00240 10.29 0.0327				
Error 4 0.00093 0.00023				
Total 5 0.00333				
Grand Mean 0.2367 CV 6.45				
The trans				
Observations per Mean 3				
Standard Error of a Mean 8.819E-03				
Std Error (Diff of 2 Means) 0.0125				
AT ALL AND				
Vitamin C				
W SANE NO				
Source DF SS MS F P				
Varieties I 0.68007 0.68007 1200.12 0.0000				
Error 4 0.0022/ 0.0005/				
TOTAL 5 U.68233				
Grand Mean 6.6733 CV 0.36				
Observations per Mean 3				
Standard Error of a Mean 0.0137				
Std Error (Diff of 2 Means) 0.0194				

PH

Source Varieties Error Total	DF 1 4 5	SS 0.36507 0.00227 0.36733	MS 0.36507 0.00057	F 644.24	P 0.0000	
Grand Mea	n 4.423	33 CV 0.5	4			
Observati Standard I Std Error	ons pei Error d (Diff	r Mean of a Mean of 2 Means)	3 0.0137 0.0194			
		ΚN	US	Т		
	A MARSH	A DATE OF THE OF		ADHER		

I. LSD All-Pair wise Comparisons Test of Kuroda and Tokita carrot Root using Statistix 8.0

Minerals

Calcium Varieties Mean Homogeneous Groups Kuroda 12.107 A Tokita 2.9767 В Alpha 0.01 Standard Error for Comparison 4.714E-03 Critical T Value 4.604 Critical Value for Comparison 0.0217 All 2 means are significantly different from one another.

Phosphorus
Varieties Mean Homogeneous Groups
Tokita 3.2200 A
Kuroda 3.1067 B
Alpha 0.01 Standard Error for Comparison 6.667E-03
Critical T Value 4.604 Critical Value for Comparison
0.0307
All 2 means are significantly different from one another.
Potassium
Varieties Mean Homogeneous Groups

Varieties Mean Homogeneous Groups Tokita 6.1333 A Kuroda 5.0767 B Alpha 0.01 Standard Error for Comparison 4.714E-03 Critical T Value 4.604 Critical Value for Comparison 0.0217

All 2 means are significantly different from one another.

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Vitamins
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Vitamin A Varieties Mean Homogeneous Groups 12.503 A Kuroda Tokita 10.837 B Alpha 0.01 Standard Error for Comparison 0.0189 Critical T Value 4.604 Critical Value for Comparison 0.0868 All 2 means are significantly different from one another. Vitamin C Varieties Mean Homogeneous Groups 7.4933 A Tokita 6.7767 A Kuroda Alpha 0.01 Standard Error for Comparison 0.3236 Critical T Value 4.604 Critical Value for Comparison 1.4899 There are no significant pair wise differences among the means. Proximate Ash Varieties Mean Homogeneous Groups 10.630 A 9.3400 B Kuroda Tokita Alpha 0.01 Standard Error for Comparison 0.1541 Critical T Value 4.604 Critical Value for Comparison 0.7093 All 2 means are significantly different from one another.

Carbohydrate

VarietiesMean Homogeneous GroupsKuroda76.200 ATokita74.883 BAlpha 0.01Standard Error for Comparison 0.2092Critical T Value 4.604Critical Value for Comparison0.9633

All 2 means are significantly different from one another.

	IZNILICT.
Fat	KNUSI
Varieties	Mean Homogeneous Groups
Tokita 3	3.1667 A
Kuroda 2	2.0000 A
Alpha 0.01	Standard Error for Comparison 0.3333
Critical T 1.5347	Value 4.604 Critical Value for Comparison
There are r	lo significant pair wise differences among the
means.	

A REAL AND A

Moisture
Varieties Mean Homogeneous Groups Kuroda 12.357 A Tokita 11.833 A
Alpha 0.01 Standard Error for Comparison 0.1202
Critical T Value 4.604 Critical Value for Comparison 0.5536
There are no significant pair wise differences among the means.

Protein

VarietiesMean Homogeneous GroupsTokita40.783 AKuroda36.547 BAlpha0.01Standard Error for Comparison 0.5433Critical T Value 4.604Critical Value for Comparison2.5016



J. LSD All-Pair wise Comparisons Test of Kuroda and Tokita carrot Drinks using Statistix 8.0

Minerals

Calcium Varieties Mean Homogeneous Groups Kuroda 0.2233 A 0.1067 B Tokita Alpha 0.01 Standard Error for Comparison 0.0149 Critical T Value 4.604 Critical Value for Comparison 0.0686 All 2 means are significantly different from one another. Phosphorus Varieties Mean Homogeneous Groups 1.0067 A Tokita Kuroda 0.0700 B Alpha 0.01 Standard Error for Comparison 3.333E-03 Critical T Value 4.604 Critical Value for Comparison 0.0153 All 2 means are significantly different from one another. Potassium Mean Homogeneous Groups Varieties 4.0267 A Tokita 3.0200 B Kuroda

Alpha 0.01 Standard Error for Comparison 8.819E-03

Critical T Value 4.604 Critical Value for Comparison 0.0406

All 2 means are significantly different from one another.

Vitamin A Varieties Mean Homogeneous Groups Kuroda 11.967 A Tokita 10.033 B Alpha 0.01 Standard Error for Comparison 0.0471 Critical T Value 4.604 Critical Value for Comparison 0.2170 All 2 means are significantly different from one another.

Vitamin C Varieties Mean Homogeneous Groups Tokita 5.5233 A Kuroda 4.2067 B Alpha 0.01 Standard Error for Comparison 0.1034 Critical T Value 4.604 Critical Value for Comparison 0.4760 All 2 means are significantly different from one another.

 Ash

 Varieties
 Mean Homogeneous Groups

 Tokita
 3.0067 A

 Kuroda
 2.1067 B

 Alpha
 0.01
 Standard Error for Comparison 0.0899

 Critical T Value 4.604
 Critical Value for Comparison 0.4141

 All 2 means are significantly different from one another.

Carbohydrate

VarietiesMean Homogeneous GroupsKuroda60.347 ATokita54.913 BAlpha0.01Standard Error for Comparison 0.1680Critical T Value 4.604Critical Value for Comparison0.7735

All 2 means are significantly different from one another.



Varietie <mark>s Mean Homogeneous Gr</mark> oups
Kuroda 96.523 A
Tokita 94.940 B
Alpha 0.01 Standard Error for Comparison 0.2060
Critical T Value 4.604 Critical Value for Comparison 0.9485
All 2 means are significantly different from one another.

Protein

Varieties Mean Homogeneous Groups Tokita 12.630 A Kuroda 11.170 B Alpha 0.01 Standard Error for Comparison 0.0638 Critical T Value 4.604 Critical Value for Comparison 0.2936 All 2 means are significantly different from one another.



Shelf life:

Room /	Ambient	Temperature
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TTA

Varieties	Mean Homogeneous Groups
Kuroda	0.3267 A
Tokita	0.2033 B
Alpha	0.01 Standard Error for Comparison 0.0170
Critical 0.0783	T Value 4.604 Critical Value for Comparison
All 2 mea	ns are significantly different from one another.

	AN)	2	5	AB		
Vitamin C	~	WJSAN	NE NO	1		
Varieties	Mean	Homogeneo	ous Gro	ups		
Tokita	6.6000	A				
Kuroda	5.0000	В				
Alpha	0.01	Standard	Error	for Com	parison	0.2106
Critical :	I Value	4.604	Critic	al Valu	ae for Co	omparison
0.9698						
All 2 mea	ns are s	ignificant	tly dif	ferent	from one	e another.

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\mathbf{PH}
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Varieties Mean Homogeneous Groups Kuroda 4.1067 A Tokita 4.0567 A Alpha 0.01 Standard Error for Comparison 0.0170 Critical T Value 4.604 Critical Value for Comparison 0.0783 There are no significant pairwise differences among the means. KNUST Shelf life: Refrigeration Temperature

TTA

 Varieties
 Mean Homogeneous Groups

 Kuroda
 0.2567 A

 Tokita
 0.2167 A

 Alpha
 0.01
 Standard Error for Comparison 0.0125

 Critical T Value 4.604
 Critical Value for Comparison 0.0574

 There are no significant pairwise differences among the means.

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Vitamin C

Varieties Mean Homogeneous Groups

Tokita 7.0100 A

Kuroda 6.3367 B

Alpha 0.01 Standard Error for Comparison 0.0194

Critical T Value 4.604 Critical Value for Comparison

0.0895

All 2 means are significantly different from one another.
```

\mathbf{PH}

VarietiesMean Homogeneous GroupsTokita4.6700 AKuroda4.1767 BAlpha0.01Standard Error for Comparison 0.0194Critical T Value 4.604Critical Value for Comparison0.0895All 2 means are significantly different from one another.



K. ANALYSIS OF VARIENCE (ANOVA) OF THE SENSORY EVALUATION TEST OF THE EIGHT (8) FORMULATIONS OF KURODA CARROT DRINK USING STUDENTS EDITION OF STATISTIX 9.0

Completely Randomized ANOVA for COLOUR

Source	DF	SS	MS	F	P
CODE	7	1229.39	175.628	265.68	0.0000
Error	440	290.86	0.661		
Total	447	1520.25			

Grand Mean 5.0625 CV 16.06

Homogeneity of Variances	F	Р
Levene's Test	13.0	0.0000
O'Brien's Test	12.8	0.0000
Brown and Forsythe Test	5.38	0.0000

Welch's Test for Mean DifferencesSourceDFFCODE7.0235.780.0000

187.4

Error

Component	of	variance	for	between	groups	3.12440
Effective	cel	l <mark>size</mark>	an	b		56.0
			-	77 77		/

CODE	Mean	
K001	7.5000	
K002	6.6250	
K003	6.1607	o. Sta
K004	5.7500	SR AB
K005	4.8571	W J SANE NO
K006	4.0536	- PALINE
K007	3.2143	
K008	2.3393	

Observations per Mean56Standard Error of a Mean0.1086Std Error (Diff of 2 Means)0.1537

Completely Randomized ANOVA for FLAVOUR

Source	DF	SS	MS	F	P
CODE	7	831.80	118.829	290.96	0.0000
Error	440	179.70	0.408		
Total	447	1011.50			

Grand Mean 5.5335 CV 11.55

Homogeneity of Variances	F	P
Levene's Test	2.83	0.0069
O'Brien's Test	2.77	0.0079
Brown and Forsythe Test	1.30	0.2480

Welch's	Test	for	Mean	Diff	erences	
Source		DF		F	P	
CODE		7.0	331	.89	0.0000	
Error	18	8.83	3		100	

Component of variance for between groups 2.11465 Effective cell size 56.0

20.

CODE	Mean
K001	7.6786
K002	7.0714
K003	6.1071
K004	5.7679
K005	5.5000
K006	4.6786
K007	4.1071
K008	3.3571

Observations per Mean 56 Standard Error of a Mean 0.0854 Std Error (Diff of 2 Means) 0.1208

Completely Randomized ANOVA for TASTE

Source	DF	SS	MS	F	Р
CODE	7	728.82	104.117	147.04	0.0000
Error	440	311.55	0.708		
Total	447	1040.37			
Grand N	Mean 5.56	0.3 CV	15.13		
01011011					
			_	_	
Homoger	heity or	Variances	н .	P	
O'Brior	S IESU		6.03	0.0000	
Brown a	and Forsv	the Test	3.97	0.0003	
			NO.)	
Welch's	s Test fo	r Mean Di	fferences		
Source		0 100 C			
CODE	/. 197	1 122.64	± 0.0000		
ELLOL	107.	-	1107		
Compone	ent of va	riance for	r between	groups	1.84659
Effect	ive cell	size	/9		56.0
				4	1
CODE	Mean		752	The	7
K001	5.3929	TEI	K F/	11	r
K002	5.9821			55	
K003	6.7679	Page	123	ST /	
K004	7.7321	J/M.	1		
K005	5.9286	un	6		
K006	5.0179				
K007	4.1607				-
K008	3.5000			3	Ē
	135	-		1	
Observa	ations pe	r Mean	56	BA	
Standa	rd Error	of a Mean	0.1124	5	
Std Er	ror (Diff	of 2 Mean	ns) 0.1590		

Completely Randomized ANOVA for AFTERTASTE

Source CODE Error Total	DF 7 440 447	SS 878.67 190.25 1068.92	MS 125.524 0.432	F 290.31	P 0.0000
Grand	Mean 5.23	66 CV 1	2.56		
Homoge Levene O'Brie Brown	eneity of 's Test n's Test and Forsy	Variances the Test	F 38.9 38.2 18.5	P 0.0000 0.0000 0.0000	
Welch' Source CODE Error	s Test fo D 7. 187.	r Mean Dif F F 0 492.23 4	ferences P 0.0000		
Compon Effect	ent of va i <mark>ve cell</mark>	riance for size	between	groups	2.23378 56.0
CODE K001 K002 K003 K004 K005 K006 K007 K008	Mean 5.8571 5.8214 6.4821 7.4464 5.4464 4.1250 3.6607 3.0536			BADMEN	
Observ Standa Std Er	ations pe rd Error ror (Diff	r <mark>Mean</mark> of a Mean of 2 Mean	0.0879 s) 0.1243	5) 3	

Completely	Randomized	ANOVA for	OVERALL	ACCEPTANCE
Source I CODE Error 44 Total 44	OF S 7 797.3 40 268.8 47 1066.2	S M 8 113.91 9 0.61 8	i s 1 2 186.4 1	F P 40 0.0000
Grand Mean	4.2098	CV 18.57		
Homogeneity Levene's Te O'Brien's T Brown and H	y of Varian est Iest Forsythe Te	tes 18 17 9.	F .1 0.00 .8 0.00 12 0.00	P 000 000 000
Welch's Tes Source CODE Error	br 7.0 29 187.4	Differenc F 5.57 0.0	es P 000	
Component o Effective o	of variance cell size	for betwe	en group:	s 2.02323 56.0
CODE Mea K001 3.75 K002 4.50 K003 5.33 K004 6.60 K005 4.85 K006 3.66 K007 2.82 K008 2.12	an 500 000 393 071 571 507 214 429			
Observation Standard En Std Error	ns per <mark>Mean</mark> rror of a M (Diff of 2 1	ean 0.1 Means) 0.1	56 045 477	

L. ANALYSIS OF VARIENCE (ANOVA) OF THE SENSORY EVALUATION TEST OF THE EIGHT (8) FORMULATIONS OF TOKITA CARROT DRINK USING STUDENTS EDITION OF STATISTIX 9.0

Completely Randomized AOV for COLOUR

Source	DF	SS	MS	F	P
CODE	7	1606.52	229.502	444.68	0.0000
Error	440	227.09	0.516		
Total	447	1833.60			

Grand Mean 5.0871 CV 14.12

Homogeneity of Variances	F	Р
Levene's Test	1.66	0.1162
O'Brien's Test	1.63	0.1242
Brown and Forsythe Test	0.94	0.4748

Welch's	Test	for	Mean	Dif	ferences	
Source		DF		F	P	
CODE		7.0	419	.89	0.0000	100
Error	18	38.4	22	21	K P7	(##

Component	of variance	for between groups	s 4.08904
Effective	cell size	and the second	56.0

CODE	Mean	
T001	7.8750	
т002	7.1071	
T003	6.5536	AD. St
T004	5.6964	CR AB
т005	4.4643	WJ SANE NO
T006	3.7143	- Pri lis
т007	2.8571	
T008	2.4286	

Observations per Mean56Standard Error of a Mean0.0960Std Error (Diff of 2 Means)0.1358

Completely Randomized AOV for FLAVOUR

Source CODE Error	DF 7 440	SS 1431.57 242 11	MS 204.510 0 550	F 371.67	P 0.0000
Total	447	1673.68	0.000		
Grand	Mean 4.90)18 CV 1	5.13		
Homoge	eneity of	Variances	F	P	
Levene	e's Test		6.60	0.0000	
O'Brie	en's Test		6.48	0.0000	
Brown	and Forsy	the Test			
Welch	's Test fo	or Mean Dif	ferences		
Source	e I	DF F	P		
CODE	7.	.0 486.18	0.0000		
Error	186	.5	1.3)	
Compor Effect	nent of va tive cell	ariance for size	between	groups	3.64214 56.0
CODE	Mean		200	1	7
т001	7.6786	TEI	C PT	Ŧ	7
Т002	6.8393			225	
T003	5.9464	rae	XX	5	
T004	5.3214	J//r.	LAT		
T005	4.6071	un	6		
T006	3.6429				
'I'UU /	3.0/14				
1008	2.1071	A			
Observ	vations pe	er Mean	56	BAD	
Standa	ard Error	of <mark>a Mean</mark>	0.0991	5	
Std Ei	cror (Dift	f of 2 Mean	s) 0.1402		

Completely Randomized ANOVA for TASTE

Source CODE Error Total	DF 7 440 447	SS 706.143 288.571 994.714	MS 100.878 0.656	F 153.81	P 0.0000
Grand	Mean 5.44	164 CV 14	4.87		
Homoge Levene O'Brie Brown	eneity of e's Test en's Test and Forsy	Variances othe Te st	F 15.6 15.3 9.63	P 0.0000 0.0000 0.0000	
Welch' Source CODE Error	s Test fo I 7. 187.	or Mean Dif: DF F .0 201.10 .6	ferences P 0.0000		
Compor Effect	nent of va zi <mark>ve ce</mark> ll	ariance for size	between o	groups	1.78967 56.0
CODE T001 T002 T003 T004 T005 T006 T007 T008	Mean 5.5179 6.1607 6.3036 7.4821 5.8750 4.9107 4.0893 3.2321			BADMEN	
Observ Standa Std Er	vations pe ard Error cror (Diff	er <mark>Mean</mark> of a Mean f of 2 Mean	56 0.1082 s) 0.1530		

Completely Randomized AOV for AFTERTASTE Source DF SS MS F Ρ CODE 7 674.643 96.3776 232.73 0.0000 Error 440 182.214 0.4141 Total 447 856.857 Grand Mean 5.6071 CV 11.48 Homogeneity of Variances F Ρ Levene's Test 7.64 0.0000 0.0000 O'Brien's Test 7.50 6.39 0.0000 Brown and Forsythe Te st Welch's Test for Mean Differences Source DF F. Ρ 331.50 7.0 CODE 0.0000 Error 187.5 Component of variance for between groups 1.71363 Effective cell size 56.0 CODE Mean т001 5.7857 5.7500 Т002 T003 6.6607 T004 7.6250 T005 6.1964 T006 5.0357 тоот 4.3036 T008 3.5000 Observations per Mean 56 Standard Error of a Mean 0.0860 Std Error (Diff of 2 Means) 0.1216

Completely Randomi	zed AOV for	OVERALL	ACCEPTANCE
Source DF CODE 7 686 Error 440 290 Total 447 976	SS 5.562 98. 0.357 0.6 5.920	MS 0804 148 599	F P .63 0.0000
Grand Mean 4.2366	CV 19.17		
Homogeneity of Var Levene's Test O'Brien's Test Brown and Forsythe	Test	F 22.9 0. 22.5 0. 9.20 0.	P 0000 0000 0000
Welch's Test for M Source DF CODE 7.0 Error 187.6	Mean Differe F 287.63 0	nces P .0000	
Component of varia Effective cell siz	nce for bet e	ween grou	ups 1.73965 56.0
CODEMeanT0013.9286T0024.4286T0035.2500T0046.5000T0054.7857T0063.7857T0072.8929T0082.3214			OHIO DA
Observations per M Standard Error of Std Error (Diff of	lean a Mean 0 2 Means) 0	56 .1086 .1535	

M. HSD ALL-PAIR WISE COMPARISONS TEST OF EIGHT (8) FORMULATIONS OF KURODA CARROT DRINK USING STUDENT STATISTIX 8.0

Tukey HSD All-Pairwise Comparisons Test of COLOUR by CODE

Mean	Homog	eneous	Groups			
7.5000	A					
6.6250	В					
6.1607	BC					
5.7500	С					
4.8571	D					
4.0536			IIIC.	Τ.		
3.2143		F				
2.3393		G		÷		
		0.01	Standard	Error	for	Comparison
			L. La.			-
al Q Val	Lue 4	.976	Critical	Value	for	Comparison
						-
	Mean 7.5000 6.6250 6.1607 5.7500 4.8571 4.0536 3.2143 2.3393	Mean Homog 7.5000 A 6.6250 B 6.1607 BC 5.7500 C 4.8571 D 4.0536 3.2143 2.3393	Mean Homogeneous 7.5000 A 6.6250 B 6.1607 BC 5.7500 C 4.8571 D 4.0536 E 3.2143 F G 0.01 al Q Value 4.976	Mean Homogeneous Groups 7.5000 A 6.6250 B 6.1607 BC 5.7500 C 4.8571 D 4.0536 E 3.2143 C 2.3393 O.01 Standard al Q Value 4.976	Mean Homogeneous Groups 7.5000 A 6.6250 B 6.1607 BC 5.7500 C 4.8571 D 4.0536 E 3.2143 C 2.3393 O.01 Standard Error al Q Value 4.976	Mean Homogeneous Groups 7.5000 A 6.6250 B 6.1607 BC 5.7500 C 4.8571 D 4.0536 E 3.2143 C 2.3393 O.01 Standard Error for al Q Value 4.976

There are 7 groups (A, B, etc.) in which the means are not significantly different from one another.

Tukey HSD All-Pairwise Comparisons Test of FLAVOUR by CODE

CODE	Mean	Homoge <mark>neous Group</mark> s
K001	7.6786	A
K002	7.0714	DB DE
K003	6.1071	C
K004	5.7679	CD SANE NO
K005	5.5000	D
K006	4.6786	E
K007	4.1071	F
K008	3.3571	G

Alpha 0.01 Standard Error for Comparison 0.1208 Critical Q Value 4.976 Critical Value for Comparison 0.4249

There are 7 groups (A, B, etc.) in which the means are not significantly different from one another.
Tukey HSD All-Pairwise Comparisons Test of TASTE by CODE
CODE Mean Homogeneous Groups K004 7.7321 A K003 6.7679 B K002 5.9821 C K005 5.9286 CD K001 5.3929 DE K006 5.0179 E K007 4.1607 F K008 3.5000 G
Alpha 0.1590 Critical O Value 4 976 Critical Value for Comparison
0.5595
There are 7 groups (A, B, etc.) in which the means are not significantly different from one another.
Tukey HSD All-Pairwise Comparisons Test of AFTERTASTE by
CODE
CODE Mean Homogeneous Groups K004 7.4464 A K003 6.4821 B K001 5.8571 C K002 5.8214 C K005 5.4464 C K006 4.1250 D K007 3.6607 E K008 3.0536 F
Alpha 0.01 Standard Error for Comparison
Critical Q Value 4.976 Critical Value for Comparison 0.4372
There are 6 groups (A, B, etc.) in which the means

are not significantly different from one another.

Tukey HSD All-Pairwise Comparisons Test of OVERALL

ACCEPTANCE by CODE

CODE	Mean	Homogeneous	Groups		
K004	6.6071	A			
K003	5.3393	В			
K005	4.8571	BC			
K002	4.5000	С			
K001	3.7500	D			
K006	3.6607	D			
K007	2.8214	E			
K008	2.1429	F			
Alpha 0.1477		0.01	Standard Error	for	Comparison

Critical Q Value 4.976 Critical Value for Comparison 0.5198

There are 6 groups (A, B, etc.) in which the means are not significantly different from one another.



N. HSD ALL-PAIR WISE COMPARISONS TEST OF EIGHT (8) FORMULATIONS OF TOKITA CARROT DRINK USING STUDENT STATISTIX 8.0

Tukey	HSD All-	Pairwise Com	parisons T	lest of	COLOUR	by CODE
CODE T001 T002 T003 T004 T005 T006 T007 T008	Mean 7.8750 7.1071 6.5536 5.6964 4.4643 3.7143 2.8571 2.4286	Homogeneous A B C D E F G	^{Groups}	Т		
Alpha 0.1358		0.01	Standard	d Error	for Com	ıparison
Critic 0.4777	al Q Val	ue 4.976	Critical	Value	for Comp	arison
There are no	are 7 gr t <mark>signif</mark>	oups (A, B, icantly diff	etc.) in w erent from	vhich t n one a	he means nother.	\$
Tukey CODE	HSD All-	Pairwise Com	parisons 1	lest of	FLAVOUF	t by
CODE T001 T002 T003 T004 T005 T006 T007 T008	Mean : 7.6786 6.8393 5.9464 5.3214 4.6071 3.6429 3.0714 2.1071	Homogeneous A B C D E F G H	Groups	BADHE	M	
Alpha 0.1402		0.01	Standard	Error	for Comp	arison
Critic 0.4932	al Q Val	ue 4.976	Critical	Value	for Comp	arison

All 8 means are significantly different from one another.

Tukey	HSD All-	Pairwise	Comparisor	ns Test of	TASTE by C	ODE
CODE T004 T003 T002 T005 T001 T006 T007 T008	Mean 7.4821 6.3036 6.1607 5.8750 5.5179 4.9107 4.0893 3.2321	Homogeneo A B B B C C D E F	ous Groups			
Alpha 0.1530)	0.01	Standard	Error for	Comparison	
Critic 0.5384	cal Q Val 1	ue 4.976	Critic	cal Value	for Compari	son
There are 6 groups (A, B, etc.) in which the means are not significantly different from one another.						
Tukey CODE	HSD All-	Pairwise	Comparisor	ns Test of	AFTERTASTE	by
CODE T004 T003 T005 T001 T002 T006 T007 T008	Mean 7.6250 6.6607 6.1964 5.7857 5.7500 5.0357 4.3036 3.5000	Homogeneo A B C CD D E F G	ous Groups			
Alpha 0.1210	5	0.01	Standarc	l Error fo	or Compariso	n
Critic	cal Q Val	lue 4.976	Critic	cal Value	for Compari	son

There are 7 groups (A, B, etc.) in which the means are not significantly different from one another.

0.4279

CODE	Mean	Homogeneous	Groups
'I'UU4 m003	6.5000 5.2500	A	
т005 т005	4.7857	BC	
T002	4.4286	CD	
T001	3.9286	DE	
T006	3.7857	E	
T007	2.8929	F	
1008	2.3214	G	
Alpha		0.01 St	andard Error for Comp arison
0.1535	5		LICT
a			
0 5401	cal Q va.	lue 4.9/6	Critical value for comparison
0.0101	-		
There	are 7 g	roups (A, B,	etc.) in which the means
are no	ot signi:	ficantly diff	ferent from one another.
		P. C.	1.9
		TEN I	
	-	AFI	
		1 Cat	N-LASS
		ATTr .	1 ALL
	(aus	
	Z		3
	Z		
	13	10	JOH!
		2 Part	S ar
		ASSA	NE NO X

Tukey HSD All-Pairwise Comparisons Test of OA by CODE

APPENDIX M



PLATE 1: KURODA CARROTS



PLATE 2: TOKITA CARROTS